

# Psalm 1

**One Story that  
Leads to Jesus**



# Psalm 1 – Ways to be Human

<sup>1</sup> Happy those who do not walk by the counsel of the wicked, Nor stand in the way of sinners, nor sit in company with scoffers.

<sup>2</sup> Rather, the law of the LORD is their joy; God's law they study day and night.

<sup>3</sup> They are like a tree planted near streams of water, that yields its fruit in season; Its leaves never wither; whatever they do prospers.

<sup>4</sup> But not the wicked! They are like chaff driven by the wind.

<sup>5</sup> Therefore the wicked will not survive judgment, nor will sinners in the assembly of the just.

<sup>6</sup> The LORD watches over the way of the just, but the way of the wicked leads to ruin.

# Bad Habits and Company

*Happy those who  
do not **walk** by the counsel of the **wicked**,  
nor **stand** in the way of **sinner**s,  
nor **sit** in company with **scoffers**.*

A **progression** from movement to becoming “stuck” in the habits formed and the company one keeps.

Three **destructive ways** of being human

# A Good Habits

*Rather, the law (torah) of the LORD is their joy; God's law they study day and night.*

A **symmetry**

Law (torah) is their joy / delight

Law (torah) they study (meditate)

More you meditate, the more joy

A **recommended way** of being human ...  
leading to?

# Result from Good Habits

*They are like a tree planted near streams of water, that yields its fruit in season; Its leaves never wither; whatever they do prospers.*

**Plant** – versus – **walk, stand, sit**

Imagery echoes Garden of Eden | Tree of Life  
Meditating on God's wisdom leads to the  
good life

# Result from Bad Habits

*But not the wicked! They are like chaff driven by the wind. Therefore the wicked will not survive judgment, nor will sinners in the assembly of the just*

**Planted like a tree bearing fruit** – versus –  
**empty husk blown in the wind**

Will not “survive” – *also* “will not stand” as in  
“stand in the way of the sinner.”

# 2 Ways to be human

*The LORD watches over the **way** of the just,  
but the **way** of the wicked leads to ruin.*

Two ways of being human

The path of the just is to meditate on the Word of God.

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