



ST. FRANCIS OF ASSISI

Roman Catholic Church
18825 Fuller Heights Road
Triangle, Virginia 22172

703-221-4044

www.stfrncis.org

March 3, 2024

Third Sunday of Lent

Parish Office Hours - Mon.-Thurs. 9:00 AM—3:00 PM

Fri. 9:00 AM—12:00 PM

Phone 703-221-4044

Fax 703-221-3246

In a Sacramental Emergency—703-468-1180

EUCCHARIST

Saturday Vigil - 5:30 PM

Sunday - 8:00 AM; 9:30 AM; 11:00 AM; 5:30 PM

12:30 PM - Español

Monday - Friday - 8:45 AM

BAPTISM

Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

RECONCILIATION

Saturday: 4:00 PM—5:00 PM and by appointment (English)

Saturday: 4:00 PM—5:00 PM and by appointment (Spanish)

MARRIAGE

Arrangements are made with the parish office.

VISITS TO AND ANOINTING OF THE SICK

Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

PARISH MEMBERSHIP

To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

PARISH COUNCIL

Dan Sullivan (Chair)

dan_irene@icloud.com

Christine Arroyo (Vice Chair)

christinevarroyo539@gmail.com

PARISH SCHOOL

703-221-3868

Grades Pre-school—8th FAX 703-221-0700

Dr. Sally Nicholson, Principal

snicholson@stfas.org

Elizabeth Rayhel, Assistant Principal

erayhel@stfas.org

Liz Orille, Director of Admissions

lorille@stfas.org

Megan Quinn, Operations Administrative Assistant

mquinn@stfas.org

FRANCIS HOUSE:

703-221-6344

(Emergency Financial Assistance)

Francia Salguero, Director

francias@stfrncis.org

2606 Heth Court, Dumfries, VA 22026

FRANCISCAN FRIARS

703-221-4044

Fr. James Scullion, O.F.M., Pastor

x227

friscullion@stfrncis.org

Fr. George Corrigan, O.F.M., Parochial Vicar

x228

frgcorrigan@stfrncis.org

Fr. Chris Dunn, O.F.M., Parochial Vicar

x229

frcdunn@stfrncis.org

PERMANENT DEACON

Dcn. Michael Gomes (Leave messages at Parish phone)

dcnmike@stfrncis.org

HISPANIC MINISTRY

x229

Fr. Chris Dunn, O.F.M., Parochial Vicar

frcdunn@stfrncis.org

PARISH STAFF

703-221-4044

Lisa Bongiorno, Business Manager

x223

lbongiorno@stfrncis.org

Chanel Marquis, Compliance Officer

x222

cmarquis@stfrncis.org

Jessica Ulsenheimer, Bookkeeper

X232

julsenheimer@stfrncis.org

Lina Morales, Receptionist

X221

lmorales@stfrncis.org

FAITH FORMATION MINISTRY

703-221-3127

Sheila Noble, Director of Faith Formation

x238

snoble@stfrncis.org

Angelica Silva, CRE

x236

asilva@stfrncis.org

Elizabeth Brack, Secretary

x234

lizb@stfrncis.org

MUSIC MINISTRY

703-221-4044

Nikole Giraldi, Director

x231

nikoleg@stfrncis.org

Colleen Wells, Assistant Director

x237

cwells@stfrncis.org

CYM

540-273-0777

Brandon Jubar, Coordinator of Youth Ministry

bjubar@stfrncis.org

40 Hours Devotion



Solemn Exposition
each day following
8:45 am Daily Mass
until 7:00 pm

Thursday evening's
Exposition
concludes with a
Solemn Benediction
at 6:15 pm

March 4-7, 2024

St. Francis of Assisi Catholic Church

Plan to spend an hour in prayer and devotion before the Blessed Sacrament of the Eucharist. While everyone is invited to come when you can, to ensure that the Eucharist in Exposition is always accompanied by the faithful, please sign up for one or more of the times during the four days of devotion. You can find the sign ups by scanning the QR code or visiting <https://stfrncis.org/lenten/40-hours-devotion/>.



Confessions During Lent



The season of Lent is a great time to be renewed and reconciled. The sacrament of **Reconciliation** will be available:

- **Wednesdays** from 7:00 p.m. until 8:00 p.m.
- **Saturdays** from 4:00 p.m. until 5:00 p.m.
- **Lenten Penance Service**—March 13th at 7:00 p.m.

Exceptions:

- March 6th (due to 40 Hours Devotion)
- March 30th (Holy Saturday)

The last day for reconciliation is March 27th.



visit: <https://stfrncis.org/category/friar-reflection/>.

Did you know that each day one of our friars prepares and posts a reflection on the readings for the daily Mass? Make it part of your spiritual practice to reflect on the Word of God. To explore, please



SMILE

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For more information, contact
Terry Mastrucci at
607-745-9946 or
tmastrucci@stfrncis.org.





An outreach
ministry of
the parish



Francia Salguero
(703)-221-6344
francias@stfrncis.org

Located at
2606 Heth Court
Dumfries, VA 22026

Food Pantry Needs:

- Spaghetitis
- Pasta (elbow, penne, rigatoni)
- Canned Fruit

At this time we do not need any canned soup or canned vegetables. Thanks to your generosity we have plenty of these items.

Thank you for all that you do!

Items of the Month:

Toilet Pater
Paper Towels

If you or your family find yourself in need, please do not hesitate to reach out to us. Francis House is open:

- Tuesday 9:00 am until 12:00 pm
- Wednesday 9:00 am until 1:00 pm
- Thursday 9:00 am until 1:00 pm

Meals for Prince William County Homeless Shelter

Dinners for the Shelter at The Ferlazzo Building

Winter is here, and it is a very rough season for the homeless. Our parish is committed to provide dinners for the homeless shelter. At this moment, we are in great need of dinners. If you would like to provide support for the homeless shelter, please scan the QR code below.

Sign up to
provide
dinner for the
shelter



Don't have time , but want to help? It is okay!
You can donate the following items milk,
juice, fresh fruit, desserts, bags of green salad,
other deli salads. **Or donate gifts cards from
BJs, Costco, Sams, Food Lion or Walmart.**

Faith Formation Office

Phone: 703-221-3127 Fax: 703-221-3246
Office Hours: Monday—Thursday: 8:00 a.m.—2:00 p.m.
Friday: **Closed**

Children's Faith Formation



Registration for the 2023-2024 year is now closed, unless you are transferring in from another program. **Questions?** Please contact **Sheila Noble** at snoble@stfrancis.org.

Children's Faith Formation for 2023-2024

Mar. 3 Sunday CFF Session
7 Thursday CFF Session

March 10th—31st—NO CFF Sessions
Stafford County and Prince William County School's Spring Break



Sunday Morning Faith Series—Please plan to join us on **Sunday, March 3rd at 10:30 a.m.** in the dining hall of the parish center for a presentation by Fr. Charley Miller, OFM. Fr. Charley is a former pastor of our parish and an engaging speaker! We hope to see you there!

Keep those used printer cartridges coming!

Faith Formation has been helping to be good stewards of our earth by recycling. With your contribution of used ink cartridges, we can help care for the earth, and it is so easy to do.



Please **do not** drop the cartridges in the Catch-All Slot. (No laser cartridges.)

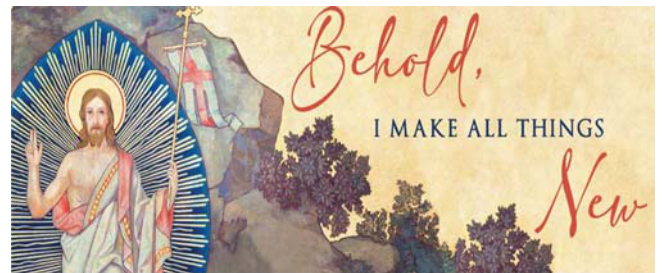
You can drop the cartridges off in the **basket** on the table in the vestibule or stop by the Faith Formation Office.

Thank you for your continued support!

SPONSOR OF THE WEEK

We would like to thank
Lupi Orthodontics
for sponsoring an ad in our weekly bulletin.

2024 Bishop's Lenten Appeal "Behold, I make all things new"



Currently our parish has reached **60%** of our goal for the Bishop's Lenten Appeal (BLA). We are very grateful to those who have already supported this year's appeal.

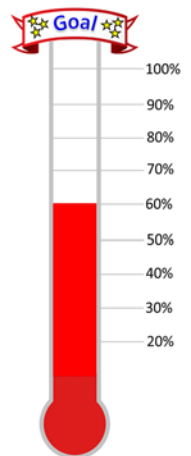
We know that there are families who have not yet made a pledge to the BLA and we are asking for support from every parish household.

You may go online to make a donation at: www.arlingtondiocese.org/BLA or scan the QR code below:



SCAN ME

The BLA funds many programs, services and ministries that serve people in need and furthers the Gospel mission of Jesus Christ in our diocese. Let us join together to do the Lord's work—works that touch the lives and souls of thousands of people. Please reflect on your blessings and consider joining in support of the BLA. Every pledge is important! Thank you!



To learn more, please scan the QR code.



There is a book located in the **Blessed Sacrament Chapel** next to the Tabernacle for you to write your own prayers of petition. During the *Prayer of the Faithful* during weekend liturgies, an intercession will call to mind those prayers in a general way. In this manner, the public prayer of the church is bound to the many prayers of the faithful who live in the body of Christ!

**BE A FRANCIS-CAN
NOT A
FRANCIS-CAN'T**



Ways to Give and Save on Taxes



Are you a senior (72 years or older) making Required Minimum Distributions (RMD) from a traditional IRA? Would you like to save on your taxes for income earned in 2024?

By shifting your charitable giving to a traditional IRA Qualified Charitable Distribution (QCD) you can still get a tax break for charitable giving, even if you don't itemize. Or if you do itemize, it may still save you tax dollars.

You pay no income taxes on the gift. The gift does not count as income and will reduce your annual income. The transfer generates neither taxable income nor a tax deduction, so you benefit even if you do not itemize your deductions. The gift may reduce the amount of your Social Security that is taxed and could help lower your Medicare premiums.

Please consider making a Qualified Charitable Distribution to St. Francis this year! The gift helps you lower your taxes and supports your Parish.

Please contact your tax professional for additional information on your specific tax liabilities.

Below, there are two links from the Internal Revenue Service website on RMD's and QCD's since the gift does not count as income, it can reduce your annual income tax amount.

<https://www.irs.gov/retirement-plans/retirement-plan-and-ira-required-minimum-distributions-faqs>.

<https://www.irs.gov/newsroom/seniors-can-reduce-their-tax-burden-by-donating-to-charity-through-their-ira>.

Mary Mahler
St. Francis of Assisi Finance Council Chair
SFA-Accts@stfrncis.org

Third Sunday of Lent

SATURDAY, March 2—Lenten Weekday

4:00 PM Reconciliation
5:30 PM †Tony O. Lopez
†Alice Tippit
†Maureen Comer

SUNDAY, March 3—3rd Sunday of Lent

8:00 AM †Mark Haneklau
†Jack Haneklau
†John Mittino
9:30 AM †John and †Mary Misyak
†Spencer and †Nieves Sagudan
11:00 AM †Brent Lancaster
†Kathleen White
People of the Parish
12:30 PM †Ralph Stewart
5:30 PM †Lourdes Medios
†Jane Wilson
†Gladys Spring

MONDAY, March 4—Lenten Weekday

8:45 AM †Benedict Dichoso

TUESDAY, March 5—Lenten Weekday

8:45 AM †Conrado Servellon

WEDNESDAY, March 6—Lenten Weekday

8:45 AM †Marv Floom

THURSDAY, March 7—Lenten Weekday

8:45 AM †Donna J. Fitzgerald

FRIDAY, March 8—Lenten Weekday

8:45 AM Rachel Snyder

SATURDAY, March 9—Lenten Weekday

4:00 PM Reconciliation
5:30 PM †Tony O. Lopez
†Alice Tippit
†Margaret Teodosio

Mass Intentions on Sunday, March 10, 2024

8:00 AM †Steven Bolte
†Alice Steinly
9:30 AM †Spencer and †Nieves Sagudan
Patti Kisicki
11:00 AM †Eileen Bolen
12:30 PM Marcelo Escobar
5:30 PM †Brent Lancaster
†Kathleen White
†Gwendolyn Owens Pishock

Hearing Assistance Earphones are available for use during the Mass, for those who would like sound amplification. They have been checked and are functioning well (all brand new). See one of the ushers, parish staff, or come to the sacristy before Mass.



Readings for the Week of March 3, 2024

Monday 2 Kings 5:1-15ab; Luke 4:24-30
Tuesday Daniel 3:25, 34-43; Matthew 18:21-35
Wednesday Deuteronomy 4:1, 5-9; Matthew 5:17-19
Thursday Jeremiah 7:23-28; Luke 11:14-23
Friday Hosea 14:2-10; Mark 12:28-34
Saturday Hosea 6:1-6; Luke 18:9-14
Sunday 2 Chronicles 36:14-16, 19-23; Ephesians 2:4-10; John 3:14-21

Please Pray For All those who are sick: Joanne Acree
Donna Leeds; Jim Casey; Bill Saliski;
Dolly Brunk; Sarah Morgan; Maria Suarez;
Jean C. Tekverk; Joseph Keady; Jeff Dietze;
Jonathan Hernandez Mata; Phyllis Mitchell;
Kate Schell-Smith; Cecilia Fellner; Butch Asselin;
Mary Kay Jones; Gaston Gianni; Mirian Yanet Segovia;
Maira Pena; Larry Evans; Andrew Wagner; Jim Riordan;
Randy Chapman; Kevin Sliwinski; Estrella Monzon;
JJ Powell; Michelle Fornelli; Collin Callahan;
Ricardo Sayson; Recaredo Monzon; Juliet Erasmo;
Maureen Caddigan; S.J. Defibaugh; Corazon N. Atienza;
Eric Brown; Jan Bond; Delores Baytan; Tomas Bernardo;
David Back; Chad Burns; Bill Myers; Sue Long; Gary Ward;
and Ted Zamerski.

Votive Candles

Envelopes are provided for candle money. **Please place them in the boxes located on the wall (next to the candles) in the church.**



Are You New to the Parish??? Welcome!!

Registration forms are available on the tables in the vestibule, from the Parish Office or from the parish website: www.stfrncis.org.

Around the Diocese

Entrepreneurship at the Service of the Human Person: Celebrating the Dignity of Work

Join Bishop Michael Burbidge on Saturday, March 9th, and learn from former Swiss Guard, mentor, author, and business entrepreneur Andreas Widmer, from the Catholic University of America, how embracing creativity and the spirit of entrepreneurship celebrates the dignity of work and helps us—and our neighbors—thrive. Sponsored by the diocesan Peace and Justice Commission, this event begins at 5:00 p.m. with Mass at the Church of the Nativity, followed by dinner, then the special talk by Mr. Widmer and an 8:00-8:30 p.m. Q&A session. Mr. Widmer is author of *The Pope and the CEO: Pope St. John Paul's Lessons to a Young Swiss Guard*, and *The Art of Principled Entrepreneurship: Creating Enduring Value*.

To register, please go to:

<https://Peaceandjustice2024.eventbrite.com>.





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Sally A. Nicholson, Principal

snicholson@stfas.org



"The first blooms of Spring always make my heart sing." S. Brown



School Fundraiser

Are you anxiously waiting for the arrival of Spring? You can start planning your garden and help support our school's sports program by visiting our Flower Power fundraising page and purchasing your bulbs & seeds. The school will receive 50% of all purchases. Scan the QR code for all the details.



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