

ST. FRANCIS OF ASSISI

Roman Catholic Church 18825 Fuller Heights Road Triangle, Virginia 22172 703-221-4044

www.stfrncis.org

Parish Office Hours - Mon.-Thurs. 9:00 AM—3:00 PM Fri. 9:00 AM—12:00 PM

Phone 703-221-4044

Fax 703-221-3246

In a Sacramental Emergency—703-468-1180

EUCHARIST

Saturday Vigil - 5:30 PM Sunday - 8:00 AM; 9:30 AM; 11:00 AM; 5:30 PM 12:30 PM - Español

Monday - Friday - 8:45 AM

BAPTISM

Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

RECONCILIATION

Saturday: 4:00 PM—5:00 PM and by appointment (English) Saturday: 4:00 PM—5:00 PM and by appointment (Spanish)

MARRIAGE

Arrangements are made with the parish office.

VISITS TO AND ANOINTING OF THE SICK

Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

PARISH MEMBERSHIP

To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

PARISH COUNCIL

Dan Sullivan (Chair)
Christine Arroyo (Vice Chair)

dan irene@icloud.com
christinevarroyo539@gmail.com

PARISH SCHOOL 703-221-3868

Grades Pre-school—8th FAX 703-221-0700

Dr. Sally Nicholson, Principal

snicholson@stfas.org

Elizabeth Rayhel, Assistant Principal

erayhel@stfas.org

Liz Orille, Director of Admissions

lorille@stfas.org

Megan Quinn, Operations Administrative Assistant mquinn@stfas.org

FRANCIS HOUSE: 703-221-6344

(Emergency Financial Assistance) Francia Salguero, Director francias@stfrncis.org

2606 Heth Court, Dumfries, VA 22026

FRANCISCAN FRIARS
Fr. James Scullion, O.F.M., Pastor
frjscullion@stfrncis.org
703-221-4044
x227

Fr. George Corrigan, O.F.M., Parochial Vicar x228

Fr. Chris Dunn, O.F.M., Parochial Vicar x229

frcdunn@stfrncis.org

PERMANENT DEACON

Dcn. Michael Gomes (Leave messages at Parish phone) dcnmike@stfrncis.org

HISPANIC MINISTRY x229

Fr. Chris Dunn, O.F.M., Parochial Vicar frcdunn@stfrncis.org

PARISH STAFF 703-221-4044

Lisa Bongiorno, Business Manager x223

Ibongiorno@stfrncis.org
Chanel Marquis, Compliance Officer x222

cmarquis@stfrncis.org

Jessica Ulsenheimer, Bookkeeper X232

julsenheimer@stfrncis.org
Lina Morales, Receptionist X221

Imorales@stfrncis.org

FAITH FORMATION MINISTRY 703-221-3127

Sheila Noble, Director of Faith Formation x238
snoble@stfrncis.org
Angelica Silva, CRE x236
asilva@stfrncis.org
Elizabeth Brack, Secretary x234

lizb@stfrncis.org

MUSIC MINISTRY 703-221-4044

Nikole Giraldi, Director x231

nikoleg@stfrncis.org

Colleen Wells, Assistant Director x237

cwells@stfrncis.org

CYM 540-273-0777

Brandon Jubar, Coordinator of Youth Ministry bjubar@stfrncis.org



February 14th Ash Wednesday

6:00 a.m.— Prayer Service with Distribution of Ashes

8:45 a.m. Mass with Distribution of Ashes

12:00 p.m.— Prayer Service with Distribution of Ashes **5:00** p.m.— Prayer Service with Distribution of Ashes

7:00 p.m.— Mass with Distribution of Ashes

8:30 p.m.— La Misa con distribución de las cenizas

Ashes will only be distributed during the above listed services.

The Regulations on Lenten Fasting and Abstinence

The dual disciplines of fasting and abstinence have a long history in the Catholic Church. Going back to the early Church, the purpose behind the custom of self-denial is not punishment; it is to simplify our lifestyles so that we create a certain emptiness. In this way, freed from all distractions, we are able to hear and respond to God's continued call to conversion and holiness.

Fasting is to be observed on Ash Wednesday and Good Friday by all Catholics from the age of 18 until age 59. On days of fasting, one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

Abstinence from meat is to be observed by all Catholics who are 14 years of age and older. Ash Wednesday, all the Fridays of Lent, and Good Friday are days of abstinence.

Note: If a person is unable to observe the above regulations due to ill health or other serious reasons, they are urged to practice other forms of self-denial that are suitable to their condition. Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.



February 11, 2024 | Sixth Sunday in Ordinary Time

Lv 13:1-2, 44-46 | 1 Cor 10:31-11:1 | Mk 1:40-45

Written by
THE
FAITHFUL
DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

The leper in today's Gospel was not only severely ill, but he was also barred from practicing his faith. Because he was considered unclean, he could not enter the temple to worship. It is no wonder he did everything in his power to find Jesus and beg him for healing. And heal him Jesus did, both body and soul. According to commentary on this passage from the USCCB, "In curing the leper, Jesus assumes that the priests will reinstate the cured man into the religious community." It seems to me that this Gospel is about faith, and about love. The leper had great faith that Jesus could heal him, and the great love of Jesus for this man moved Jesus to go against mosaic law by touching and healing him. When we read the Scriptures we are reminded over and over again how much God loves us. Let us allow this knowledge to sink into our hearts and change us. When we begin to reflect God's love to those around us, we will find that our lives are filled with his peace. Give it a try: Love as Jesus loves.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

The Gospel is about Jesus' love, and it's also about great faith. Faith is a theological virtue that involves believing in God and everything he has said and revealed. It is a free gift from God, and with the help of his grace, faith is the foundation of our personal and communal relationship with our Triune God. As God's children baptized into the Body of Christ, we can root everything we do in faith so that all of our actions point to God and to building his kingdom. How do we do this? It's hard to say it much better than Paul does in his letter to the Corinthians today: "Whether you eat or drink, or whatever you do, do everything for the glory of God."

ACCOMPANY How do we love as Jesus loves? Accompany another. Perhaps there is someone in our lives with whom we can walk alongside on their journey of faith. It need not be intimidating; as Christian disciples we already possess the tools we need to accompany: listen, love, share and pray.



A Message from Bishop Burbidge



In this our Jubilee year, the theme for the 2024 Bishop's Lenten Appeal (BLA) is "Behold, I make all things new." The celebration of the 50th anniversary of our diocese moves us to a profound sense of thanksgiving for the gifts that God has provided, especially his grace and mercy. Your participation in the BLA is a way of both offering thanks to God and sharing the Good News of his Gospel.

I ask you to consider prayerfully a sacrificial pledge to this year's BLA. During this special time of preparation for our Jubilee year, may our Lord renew our hearts and lives and fill us with his peace.

Through the intercession of Mary Our Mother, may Our Lord Jesus bless you with His peace and joy.



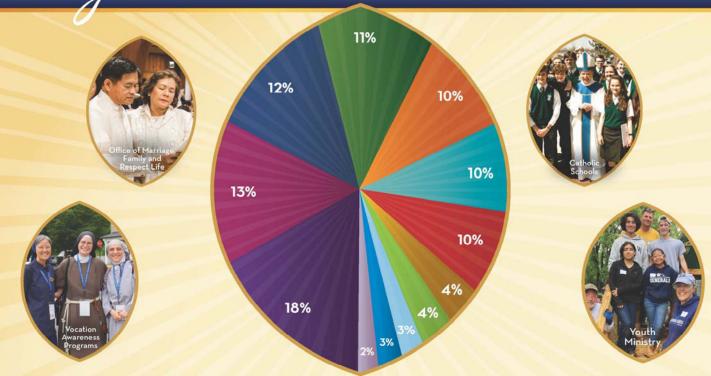


The Diocese of Arlington will celebrate our 50-year Golden Jubilee in August 2024.

In the last 5 decades, BLA-funded programs and ministries have fed the hungry, ministered to the sick and elderly, engaged the youth in their faith, ordained priests and deacons and reached out to evangelize to the larger community.

2024 BISHOP'S LENTEN APPEAL CATHOLIC DIOCESE OF ARLINGTON

four GIFTS AT WORK IN OUR DIOCESE!



YOUR GENEROUS GIFT TO THE BLA SUPPORTS THE PROGRAMS AND MINISTRIES OUTLINED BELOW

100% of your donation is a restricted gift to be used within the diocese for the sole benefit of these programs and ministries

18% Vocations

Seminarian education and support, Vocation Awareness Programs and the Permanent Diaconate Program

13% Assistance to Parishes and Missions

Programs, offices and ministries that assist our 70 parishes and 6 missions, including 4,600+ parish, school and diocesan personnel

12% Religious Education

Catholic Schools, Religious Education Programs and Office of Divine Worship

11% Youth and Young Adult Outreach

Office of Youth, Campus and Young Adult Ministries & Campus Ministries at various colleges and universities around the diocese

10% Charitable Works

Catholic Charities, parish subsidies & other charitable works that assist the vulnerable and needy in our diocese

10% Support for Families

Office of Marriage, Family and Respect Life & the Diocesan Tribunal

10% Chancery Offices

Support to the Virginia Catholic Conference and various Chancery offices which assist the Bishop as he leads our parishes and the diocese

4% Hispanic Ministry and Multicultural Ministries Pastoral services and assistance for more than 20 ethnic

communities within our diverse diocese

4% Evangelization Efforts

Includes INOVA Hospital Ministry, Peace and Justice Commission, Spiritual Assistance Ministry, and our Dominican Republic Missions

3% San Damiano Spirituality Center
A peaceful venue that offers opportunities for a wide variety of retreats for laity, religious and clergy seeking reflection and spiritual renewal in our chapel and grounds in the Shenandoah Valley

3% Diocesan Development and Communication Programs

The Communications Office utilizes a variety of mediums to promote, educate and evangelize the faithful and wider community in our diocese. Development, including the BLA and other charitable vehicles, provide strategic financial support to the diocese, parishes and schools

2% Parish/Diocesan Properties and Land Development

The diocese purchases land that is granted to newly founded parishes for their parish grounds

This chart reflects projected 2024 BLA funding for \$21.2 Million which is allocated to these various areas.



The Office of Youth, Campus, and Young Adult Ministries' RALLY had more than 1,000 people participate (the most ever!) in this day of faith and fellowship! RALLY is designed to help students deepen their relationship with Christ and love for the Church by participating in a large Catholic celebration with hundreds of their peers.



There are 40 men currently studying for the priesthood, who - God willing - will one day serve in our parishes.



Over 1,500 people across the diocese attended the Diocesan Family Festival to enjoy music, food and an outdoor Mass with Bishop Burbidge.



Gabriel Project provided prenatal care and support for 507 pregnant mothers in need!



Catholic Charities continues to meet the increase of requests for rent/mortgage and utilities assistance, groceries, and mental health counseling. The St. Lucy Food Project fulfilled more than 59,165 requests for assistance, distributing over 3.4 million pounds of food last year.



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70 PARISHES



MISSIONS



3 EASTERN RITE PARISHES



PRIESTS



DEDMANENT DEACONS



RELIGIOUS SISTERS



5,700 BAPTISMS



6,025 FIRST COMMUNIONS



5,450 CONFIRMATIONS



1.325 MARRIAGES



1.100 OCIA CANDIDATES



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20,800 PARISH FAITH FORMATION ENROLLMENT



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ELEMENTARY SCHOOLS

4

HIGH SCHOOLS



17,627 FREE MEALS

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6,085 RESPONSES



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SUPPORT MINISTRIES

BISHOP'S LENTEN APPEAL:



Behold, I MAKE ALL THINGS New

Your support of the 2024 BLA will give the glorious gift of Christ Jesus' love and mercy to thousands of people in need of spiritual, charitable and educational assistance across our diocese.

Online Giving - Make a one-time gift or set up recurring monthly gifts at our secure website using the QR code below or at www.arlingtondiocese.org/BLA

Make a Pledge Commitment - You can make a pledge now and send payments throughout the year. You will receive monthly reminder statements with an option to pay by credit card or direct debit until your commitment is fulfilled.

Check Payments - Make checks payable to "Bishop's Lenten Appeal" or "BLA" and mail to the address below.

Shares of Appreciated Stock or Securities - Visit our website or call (703) 841-3896 to obtain a Stock Donation Form.

Qualified Charitable Distributions from your IRA may also be used as your BLA donation.

The Catholic Diocese of Arlington is a 501(c)(3) charitable organization (EIN: 54-0967542).







For more information, please call the Bishop's Lenten Appeal office at 703-841-2570 or visit our website at

www.arlingtondiocese.org

CATHOLIC DIOCESE OF ARLINGTON
BISHOP'S LENTEN APPEAL

200 North Glebe Road, Suite 811, Arlington, VA 22203

2024 BISHOP'S LENTEN APPEAL PRAYER FOR THE DIOCESAN GOLDEN JUBILEE

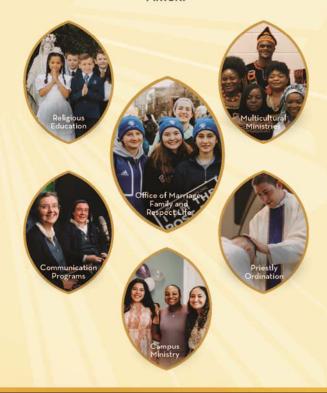
Renew

Heavenly Father, in your mercy you have called us out of darkness, into your own wonderful light.

In the gift of the Eucharist
we receive the Body and Blood
of your Only Begotten Son,
and we remember in gratitude
the good things you have done for us.

As you invite us to rejoice with Mary in the work of the Lord, may our generosity to the Bishop's Lenten Appeal renew us in the Holy Spirit, and inspire us to share the Good News of the Gospel so that all may come to know the love of the Heart of Christ your Son, who lives and reigns for ever and ever.

Amen.



Next weekend is Commitment Weekend and you will have an opportunity to join in support of the 2024 BLA at your parish!

To make an online gift or pledge, visit www.arlingtondiocese.org/BLA Or scan here to make a donation:



Faith Formation Office

Phone: 703-221-3127 Fax: 703-221-3246 Office Hours: Monday—Thursday: 8:00 a.m.—2:00 p.m.

Friday: Closed

Children's Faith Formation



Registration for the 2023-2024 year is now closed, unless you are transferring in from another program. **Questions?** Please contact **Sheila Noble** at snoble@stfrncis.org.

Children's Faith Formation for 2023-2024

Feb. 11 Sunday CFF Session

15 NO CFF (President's Day Weekend)

18 NO CFF (President's Day Weekend)

22 Thursday CFF Session

25 Sunday CFF Session

29 Thursday CFF Session

Mar. 3 Sunday CFF Session

7 Thursday CFF Session

Mark your calendars,
February 18, 2024, after all the morning Masses and the 12:30 p.m. Spanish Mass, the St. Francis of Assisi Anti-Human Trafficking committee is hosting a Fair-Trade Sale.
Featured items are St. Basil Coffee,

Divine Chocolate,







and the much-loved Monk's Bread and Biscotti!

Proceeds will support the Central Virginia Justice Initiative (CVJI). Please take this opportunity to support CVJI's efforts to raise awareness of this modern-day slavery and their outreach to victims and survivors of human trafficking. Our committee will be in the vestibule of the St. Francis of Assisi School and available to share our current activities.

SPONSOR OF THE WEEK

We would like to thank

Mountcastle Turch Funeral Home and Crematory, Inc. for sponsoring an ad in our weekly bulletin.

Are You New to the Parish??? Welcome!!
Registration forms are available on the tables in the vestibule, from the Parish Office or from the parish website: www.stfrncis.org.





Mass Intentions

SATURDAY. February 10—St. Scholastica

4:00 PM Reconciliation 5:30 PM †Tony O. Lopez †Alice Tippit

Olympia Santomero

SUNDAY, February 11—6th Sunday in Ordinary

Time

8:00 AM †Miriam Longo

> †Patricia McCormack People of the Parish

11:00 AM People of the Parish 12:30 PM †Eduarda Quezada 5:30 PM †Rita Loebach

†Suellen Morgan †Glorieta Estiller

MONDAY, February 12—Weekday 8:45 AM †Betsy P. Dennison

Lina Morales

TUESDAY, February 13—Weekday

8:45 AM †Eileen Bolen

WEDNESDAY, February 14—Ash Wednesday

6:00 AM Prayer Service
8:45 AM †Robert Piccoli
In Thanksgiving
12:00 PM Prayer Service
5:00 PM Prayer Service
7:00 PM †Patricia McCormack
8:30 PM Misa en español

THURSDAY, February 15—Lenten Weekday

8:45 AM †Marv Floom

FRIDAY, February 16—Lenten Weekday

8:45 AM †Janet Sarsfield

SATURDAY, February 17—Lenten Weekday

4:00 PM Reconciliation 5:30 PM †Tony O. Lopez †Alice Tippit

†Ralph E. Gaunay, Jr.

Mass Intentions on Sunday, February 18, 2024

Tom Caulfield †Lvdia Back

9:30 AM †Lydia Back †Matthew Hokana

†Mary G. Schott

People of the Parish

†Walter Abt

Votive Candles

Envelopes are provided for candle money. Please place them in the boxes located on the wall (next to the candles) in the church.



Readings for the Week of February 11, 2024

Monday James 1:1-11; Mark 8:11-13 Tuesday James 1:12-18; Mark 8:14-21

Wednesday Joel 2:12-18; 2 Corinthians 5:20—6:2;

Matthew 6:1-6, 16-18

Thursday Deuteronomy 30:15-20; Luke 9:22-25 Friday Isaiah 58:1-9a; Matthew 9:14-15 Saturday Isaiah 58:9b-14; Luke 5:27-32 Sunday Genesis 9:8-15; 1 Peter 3:18-22,

Matthew 4:4b; Mark 1:12-15

Please Pray ForAll those who are sick: Jim Casey; Bill Saliski; Dolly Brunk;

Sarah Morgan; Maria Suarez; Jean C. Tekverk; Joseph Keady; Jeff Dietze; Jonathan Hernandez Mata;

Joseph Keady; Jeff Dietze; Jonathan Hernandez Ma Phyllis Mitchell; Kate Schell-Smith; Cecilia Fellner; Butch Asselin; Mary Kay Jones; Gaston Gianni; Mirian Yanet Segovia; Maira Pena; Larry Evans; Andrew Wagner; Jim Riordan; Randy Chapman; Kevin Sliwinski; Estrella Monzon; JJ Powell;

Michelle Fornelli; Collin Callahan; Ricardo Sayson; Recaredo Monzon; Juliet Erasmo; Maureen Caddigan; S.J. Defibaugh; Corazon N. Atienza; Eric Brown; Jan Bond;

Delores Baytan; Tomas Bernardo; David Back; Chad Burns; Bill Myers; Sue Long; Gary Ward; and Ted Zamerski.

And for those recently deceased: Solange Wahl (mother of Angela Schumacher); and John Mittino (father of Patty Brown-Mittino and Janice Mittino).

The Lion's Club has 2 donation drop boxes located on the window sill in the vestibule.

Please consider donating your used eyeglasses to the Lion's Club. Your unwanted glasses will help someone see better. Thank you for always being so generous.



CAR RAFFLE 2024

All Saints Church (Manassas, VA) has invited us once again to participate in their **4-Car Raffle**. Prizes include four 2024 vehicles from Ourisman Ford of Manassas (Ford Escape,

Mustang, Ranger Truck and Bronco Sport). One \$5.00 ticket offers the purchaser a chance to win all four vehicles plus \$40,000 in cash prizes. An information letter and tickets will be mailed to your home on Thursday, February 22, 2024.

Any questions, please contact Chanel Marquis at 703-221-4044, ext. 222 or cmarquis@stfrncis.org.

Please take note—All tickets (used or unused and money) can be mailed back directly to ALL SAINTS
CATHOLIC CHURCH.; turned into the Parish Office; placed in the collection basket; or the Catch-All Slot.
St. Francis will STILL receive the normal proceeds from the Raffle. This is our Parish's largest fundraiser and we thank you in advance for your support.



Food Pantry Needs:

· Spaghetti Sauce

Thank you for all that you do!

Francia Salguero (703)-221-6344 francias@stfrncis.org

Items of the Month:

Sugar

Coffee

If you or your family find yourself in need, please do not hesitate to reach

- Tuesday 9:00 am until 12:00 pm
- . Wednesday 9:00 am until 1:00 pm
- · Thursday 9:00 am until 1:00 pm

Francia Salguero (703)-221-6344 francias@stfrncis.org

Meals for Prince William County Homeless Shelter

Dinners for the Shelter at The Ferlazzo Building

Winter is here, and it is a very rough season for the homeless. Our parish is committed to provide dinners for the homeless shelter. At this moment, we are in great need of dinners. If you would like to provide support for the homeless shelter, please scan the QR code below.

Sign up to provide breakfast for the shelter

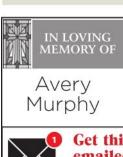


Don't have time, but want to help? It is okay! You can donate the following items milk, juice, fresh fruit, desserts, bags of green salad, other deli salads. Or donate gifts cards from BJs, Costco, Sams, Food Lion or Walmart.

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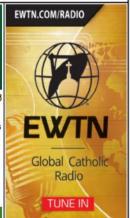
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