

ST. FRANCIS OF ASSISI

Roman Catholic Church 18825 Fuller Heights Road Triangle, Virginia 22172 703-221-4044

www.stfrncis.org

Parish Office Hours - Mon.-Thurs. 9:00 AM—3:00 PM Fri. 9:00 AM—12:00 PM Phone 703-221-4044 Fax 703-221-3246 In a Sacramental Emergency—703-468-1180

EUCHARIST

Saturday Vigil - 5:30 PM Sunday - 8:00 AM; 9:30 AM; 11:00 AM; 5:30 PM 12:30 PM - Español Monday - Friday - 8:45 AM

BAPTISM

Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

RECONCILIATION

Saturday: 4:00 PM—5:00 PM and by appointment (English) Saturday: 4:00 PM—5:00 PM and by appointment (Spanish)

MARRIAGE

Arrangements are made with the parish office.

VISITS TO AND ANOINTING OF THE SICK

Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

PARISH MEMBERSHIP

To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

PARISH COUNCIL

Dan Sullivan (Chair)	<u>dan irene@icloud.com</u>
Christine Arroyo (Vice Chair)	christinevarroyo539@gmail.com

PARISH SCHOOL

703-221-3868

Grades Pre-school—8th FAX 703-221-0700 Dr. Sally Nicholson, Principal <u>snicholson@stfas.org</u> Elizabeth Rayhel, Assistant Principal <u>erayhel@stfas.org</u> Liz Orille, Director of Admissions <u>lorille@stfas.org</u> Magan Quipp, Operations Administrative Assist

Megan Quinn, Operations Administrative Assistant mquinn@stfas.org

FRANCIS HOUSE: 703-221-6344 (Emergency Financial Assistance) Francia Salguero, Director <u>francias@stfrncis.org</u> 2606 Heth Court, Dumfries, VA 22026

FRANCISCAN FRIARS	703-221-4044	
Fr. James Scullion, O.F.M., Pastor		x227
frjscullion@stfrncis.org		
Fr. George Corrigan, O.F.M., Parochial	Vicar	x228
frgcorrigan@stfrncis.org		
Fr. Chris Dunn, O.F.M., Parochial Vica	r	x229
<u>frcdunn@stfrncis.org</u>		

PERMANENT DEACON

Dcn. Michael Gomes (Leave messages at Parish phone) dcnmike@stfrncis.org

x229

HISPANIC MINISTRY

Fr. Chris Dunn, O.F.M., Parochial Vicar frcdunn@stfrncis.org

PARISH STAFF703-221-4044Lisa Bongiorno, Business Managerx223Ibongiorno@stfrncis.orgx222Chanel Marquis, Compliance Officerx222cmarquis@stfrncis.orgx222Jessica Ulsenheimer, BookkeeperX232julsenheimer@stfrncis.orgx221Lina Morales, ReceptionistX221Imorales@stfrncis.orgx221

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MUSIC MINISTRY	703-221-4044	
Nikole Giraldi, Director		x231
nikoleg@stfrncis.org		
Colleen Wells, Assistant Director		x237
<u>cwells@stfrncis.org</u>		

CYM 540-273-0777 Brandon Jubar, Coordinator of Youth Ministry bjubar@stfrncis.org

ST. FRANCIS OF ASSISI PARISH TRIANGLE, VIRGINIA

JANUARY 28, 2024



Did you know that each day one of our friars prepares and posts a reflection on the readings for the daily Mass? Make it part of your spiritual practice to reflect on the Word of God. To explore, please visit: <u>https://stfrncis.org/category/friar-reflection/</u>.

Are You New to the Parish??? Welcome!! Registration forms are available on the tables in the vestibule, from the Parish Office or from the parish website: www.stfrncis.org.

BE A FRANCIS-CAN **NOT A** FRANCIS-CAN'T



Craft Ministry

If you like to knit, crochet, quilt, or sew to help spread God's love and comfort to those in need, please join us:



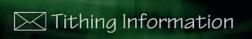
What: Fellowship while working on our own "unplugged" projects for charity. The Craft Ministry also provides baptismal stoles and prayer shawls for the parish, along with other parish related projects.

(no sewing machines or irons, please)

When: Tuesday, January 30th 6:30 p.m.- 8:00 p.m.

- Where: Dining Facility (Parish Center)
- Who: Adults (ONLY) who sew, knit, quilt, crochet, etc. (No childcare is provided)

For more information, please contact Michelle Pippin at <u>daperfectmix@gmail.com</u>.



End of Year Statements: Due to the high cost of postage, we have decided that the end of year tax statements for 2023 will not be automatically sent to each parishioner. We will provide a tax statement to any parishioner that requests one by contacting Chanel Marquis at cmarquis@stfrncis.org.

January 28, 2024 | Fourth Sunday in Ordinary Time

Dt 18:15-20 | 1 Cor 7:32-35 | Mk 1:21-28

Written by THE FAITHFUL DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

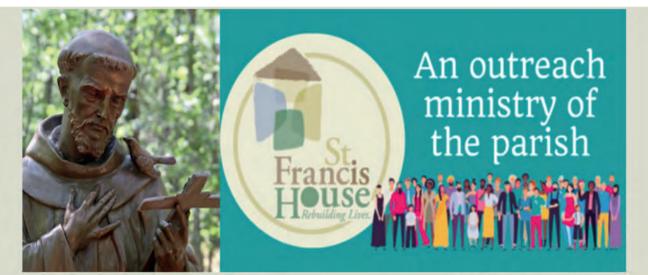
Oh, to not be anxious! What would that be like - to not have to worry about how we'll pay the bills or whether our kids are safe or if our health will fail? While anxiety is a very human emotion, we can take comfort in knowing that our God is more powerful than anything that may worry us. It is also important to note that in today's reading from St. Paul's Letter to the Corinthians, what he means by "anxious" is not a modern psychological concept with only a negative connotation. The connotation is more "to be concerned with," or "caring about" something, and can refer to things that are very good - including spouses and families! But when we care for many things, including our relationship with God, it is only natural for us to be anxious at times. But Jesus Christ gives us the assurance that the troubles of this world are temporary, and the peace of God eternal. Paul is encouraging the Corinthians, and us, to understand the importance of an undivided devotion to God, to care for him above all things - no matter if we are married or single so that our whole life is devoted to holiness.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

I am always thankful when something good that has been anticipated, or predicted, comes to pass: The sunshine and mild weather holds true for that outdoor event I hosted; or the generous gift that a longtime friend mailed arrives unscathed. There is some anxiety in the waiting for, but relief in the fulfillment of, these beneficent promises. And while these are somewhat superficial examples, they do point us in the same direction of hope and gratitude that the divine gifts of God elicit in us. In today's first reading, Moses promises the people that the Lord will raise up for them, from among their own kin, a prophet who will speak God's own words and to whom the people will listen. And the Lord did provide numerous prophets, and kings, and judges, and eventually his only begotten Son, to call his people back to himself, and to save them from the wages of sin and death. The hope and anticipation God's chosen people had was fulfilled in Jesus' life, death and resurrection. We share in that gift of hope and of gratitude for our salvation.

PRAY Today's psalm (Ps 95:1-2, 6-7, 7-9) is a beautiful prayer of thanksgiving and encouragement. It helps us steer our minds from those things which may make us anxious. Spend time in the morning or evening each day of the coming week, praying and reflecting on the words.



Francia Salguero (703)-221-6344 francias@stfrncis.org

Food Pantry Needs:

Spaghetti Sauce

Thank you for all that you do!

Francia Salguero (703)-221-6344 francias@stfrncis.org Located at 2606 Heth Court Dumfries, VA 22026

Items of the Month:

Sugar Salt Coffee

If you or your family find yourself in need, please do not hesitate to reach out to us. Francis House is open:

- Tuesday 9:00 am until 12;00 pm
- Wednesday 9:00 am until 1:00 pm
- Thursday 9:00 am until 1:00 pm

Meals for Prince William County Homeless Shelter

Dinners for the Shelter at The Ferlazzo Building

Winter is here, and it is a very rough season for the homeless. Our parish is committed to provide dinners for the homeless shelter. At this moment, we are in great need of dinners. If you would like to provide support for the homeless shelter, please scan the QR code below.

Sign up to provide breakfast for the shelter



Don't have time , but want to help? It is okay! You can donate the following items milk, juice, fresh fruit, desserts, bags of green salad, other deli salads. Or donate gifts cards from BJs, Costco, Sams, Food Lion or Walmart.

Faith Formation Office

Phone: 703-221-3127 Fax: 703-221-3246 Office Hours: Monday—Thursday: <u>8:00 a.m.—2:00 p.m.</u> Friday: <u>Closed</u>

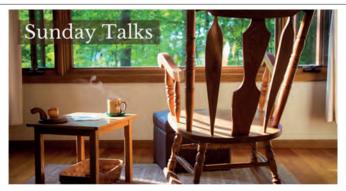
Children's Faith Formation



Registration for the 2023-2024 year is now closed, unless you are transferring in from another program. **Questions?** Please contact **Sheila Noble** at <u>snoble@stfrncis.org</u>.

Children's Faith Formation for 2023-2024

- Jan. 28 NO CFF (Sunday Session)
- Feb. 1 Thursday CFF Session
 - 4 Sunday CFF Session
 - 8 Thursday CFF Session
 - 11 Sunday CFF Session
 - 15 NO CFF (President's Day Weekend)
 - 18 NO CFF (President's Day Weekend)
 - 22 Thursday CFF Session
 - 25 Sunday CFF Session
 - 29 Thursday CFF Session



Please join us on Sunday, February 4th after the 9:30 am Mass in the Parish Center. The topic is: *"Lent: A Season of Repentance."* It is sure to be a thoughtful and mindful way to begin the Lenten Season—which begins February 14th with Ash Wednesday.



There is a book located in the Blessed Sacrament Chapel next to the Tabernacle for you to write your own prayers of petition. During the <u>Prayer of the Faithful</u> during weekend liturgies, an intercession will call to mind those prayers in a general way. In this manner, the public prayer of the church is bound to the many prayers of the faithful who live in the body of Christ!



The Music Ministry and Choirs are open to all parishioners who have the desire to sing and worship the Lord. The Ministry provides an avenue through which individuals may share their gifts and be an integral part of the worship. We have several different choirs. For more information, please visit: <u>https://stfrncis.org/music-ministry-choirs/</u>.

The weekend of February 3rd-4th the memorial of St. Blaise, blessing of throats will be conferred after all the

Masses. The custom began in the 16th century, although Blaise lived in the fourth century. He was the bishop of Sebaste in Armenia who, according to legend, saved the life of a boy who was choking on a fish bone. He is now the patron saint of all who have diseases of the throat. Please join us and receive a blessing of your throat as a sign of God's care for his people.



Please note that the presider for each Mass will give the blessing to all assembled (NOT individually) by extending hands, without the crossed candles, over the people while saying the prayer of blessing.



CALLING ALL YOU IRISH LADIES By BIRTH OR MARRIAGE

The Fr. Mychal Judge, O.F.M. Ladies Division of the Ancient Order of Hibernians wish to invite all Catholic women at least 16 years of age or older, Irish descent OR married to an Irish gentleman, to join their organization.

Once a part of this Irish Catholic Organization—all we would ask is for you to live our motto of:

"Friendship, Unity, and Christian Charity"

We would enjoy meeting you and having you JOIN us. For more information or/and if you are eligible and interested in joining, please contact Collette White at <u>collette4547@gmail.com</u>.

The Lion's Club has 2 donation drop boxes located on the window sill in the vestibule. Please consider donating your used eyeglasses to the Lion's Club. Your unwanted glasses will help someone see better. Thank you for always being so generous.



JANUARY 28, 2024

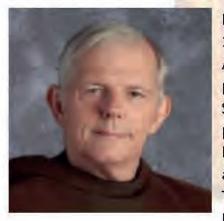
Day of Reflection

Hosted by St. Francis of Assisi Fraternity of Triangle, Virginia Saturday, February 10, 2024, from 9:15 a.m. - 3:00 p.m. EST

<u>Theme</u>: "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." (Mark 1:15)

In preparation for Lent, St. Francis of Assisi (OFS) Fraternity of Triangle, Virginia will host a Day of Reflection on February 10, 2024. Fr. Jim Scullion OFM, the pastor of St. Francis of Assisi Parish, will lead two 90-minute reflections focusing on Mark 1:15.
Fr. Jim will reflect on the topics of repentance and faith. Lunch will be provided between the morning and afternoon sessions. Please join us in this opportunity for prayerful reflection as we ready our hearts to make this Lenten season spiritually fruitful.

Time	Title
9:15 a.m. – 9:30 a.m.	Opening Remarks & Prayer – St. Francis of Assisi School Cafeteria Minister Clarence Neason/Formation Director Jim O'Shaughnessy
10:30 a.m. – 12:00 p.m.	St. Francis of Assisi School Cafeteria Repentance: Living Mark 1:15 in our lives
12:00 p.m. – 1:00 p.m.	Lunch/Reflection Time
1:00 p.m. – 2:30 p.m.	St. Francis of Assisi School Cafeteria Faith: Living Mark 1:15 in our lives
2:30 p.m 2:45 p.m.	Closing Remarks and Prayer



Fr. James Scullion OFM was born in Paterson, NJ on August 18, 1953. He professed final vows on July 21, 1979 at St. Francis of Assisi Church in Manhattan, NY. He was ordained to the priesthood by Bishop Frank Rodimer at St. Camillus Church in Silver Spring, MD on May 10, 1980. From 1982 to 1990, Fr. Jim pursued graduate studies at the Catholic University of America. From 1990 to 2008, he served as a professor, Academic Dean, and Vice President of Academic Affairs at the Washington Theological Union in Washington D.C. He became pastor of St. Francis of Assisi Parish in Triangle, VA on August 1, 2023.

Administrative Note - If you wish to attend the Day of Reflection and you are not a member of the Secular Franciscan Fraternity in Triangle, VA, please RSVP at ofstriangleva@gmail.com no later than Tuesday, January 30, 2024 so that the fraternity has an accurate count of attendees for the catering order.

	Mass Intentíons
SATURDAY,	January 27—Weekday
4:00 PM 5:30 PM	Reconciliation †Tony O. Lopez
	†Alice Tippit †Margie Lipari
SUNDAY,	January 28—4th Sunday in Ordinary Time
8:00 AM	†Eileen Bolen
9:30 AM	†Cpt. Andrew Ross
	†Lydia Back Dottie Gray
11:00 AM	†Armando Andaya
12:30 PM	†Aliro Cardenas
5:30 PM	People of the Parish
MONDAY, 8:45 AM	January 29—Weekday David Trudnak
0.45 Alvi	Donald Trudnak
	†Laurence O'Brien
TUESDAY,	January 30—Weekday
8:45 AM	†Jim Toner
	†David Schanuel †Dario C. Jimeno
WEDNESDAY.	January 31—St. John Bosco
8:45 AM	+Bernard Moran, Jr.
THURSDAY,	February 1—Weekday
8:45 AM	†Paul Rossmark
FRIDAY,	†Rosemary Clawson February 2—Presentation of the Lord
8:45 AM	†Miriam Longo
SATURDAY,	February 3—Weekday
4:00 PM	Reconciliation
5:30 PM	†Tony O. Lopez †Alice Tippit
	†Steven Evans
Mass Inte	entions on Sunday, February 4, 2024
8:00 AM	†Eileen Bolen
9:30 AM	†Steve Eastvedt
	Terry Goodale, Jr.
11:00 AM	†Bob McGowan †Janet Sarsfield

The lost and found drawers in the Church vestibule are overflowing. If you are missing keys, gloves, umbrellas, books, water bottles, baby toys/stuffed animals, etc., please check the drawers. All items remaining at the <u>end of February</u> will be donated.

12:30 PM

5:30 PM

†Narciso Varela

+Rita Loebach



SPONSOR OF THE WEEK We would like to thank Mullins and Thompson Funeral Service for sponsoring an ad in our weekly bulletin. Readings for the Week of January 28, 2024

Monday	2 Samuel 15:13-14, 30; 16:5-13;
	Mark 5:1-20
Tuesday	2 Samuel 18:9-10, 14b, 24-25a, 30-19:3;
-	Mark 5:21-43
Wednesday	2 Samuel 24:2, 9-17; Mark 6:1-6
Thursday	1 Kings 2:1-4, 10-12;
-	1 Chronicles 29:10, 11ab, 11d-12a,
	12bcd; Mark 6:7-13
Friday	Malachi 3:1-4; Ps 24:7, 8, 9, 10;
	Hebrews 2:14-18; Luke 2:22-40 or
	Luke 2:22-32
Saturday	1Kings 3:4-13; Mark 6:30-34
Sunday	Job 7:1-4, 6-7;
-	1 Corinthians 9:16-19, 22-23;
	Mark 1:29-39

Please Pray For All those who are sick: Bill Saliski; Dolly Brunk; Sarah Morgan; Maria Suarez; Jean C. Tekverk; Joseph Keady; Jeff Dietze; Jonathan Hernandez Mata; Phyllis Mitchell; Kate Schell-Smith; Cecilia Fellner; Butch Asselin; Mary Kay Jones; Gaston Gianni; Mirian Yanet Segovia; Maira Pena; Larry Evans; Andrew Wagner; Jim Riordan; Randy Chapman; Kevin Sliwinski; Estrella Monzon; JJ Powell; Michelle Fornelli; Collin Callahan; Solange Wahl; Ricardo Sayson; Recaredo Monzon; Juliet Erasmo; Maureen Caddigan; S.J. Defibaugh; Corazon N. Atienza; Eric Brown; Jan Bond; Delores Baytan; Tomas Bernardo; David Back; Chad Burns; Bill Myers; Sue Long; Gary Ward; and Ted Zamerski.

And for those recently deceased: Lydia Back (mother of David Back).

Votive Candles

Envelopes are provided for candle money. Please place them in the boxes located on the wall (next to the candles) in the church.



2024 BISHOP'S LENTEN APPEAL (BLA) BEGINS!



The 2024 BLA mailing was recently sent to parishioners. The theme this year is shared with the theme of our Diocesan Jubilee: "*Behold, I make all things new*." After reflecting upon the blessings God has given you, please prayerfully consider a pledge. As we look forward to the

celebration of the 50-year Golden Anniversary of our diocese, let us renew our commitment to the Lord and be inspired to share what we have received from Him. You make a gift at: <u>www.arlingtondiocese.org/BLA</u> or scan the QR code:





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