



# ST. FRANCIS OF ASSISI

Roman Catholic Church  
18825 Fuller Heights Road

Triangle, Virginia 22172

703-221-4044

[www.stfrncis.org](http://www.stfrncis.org)

**Parish Office Hours - Mon.-Thurs. 9:00 AM—3:00 PM**

**Fri. 9:00 AM—12:00 PM**

**Phone 703-221-4044**

**Fax 703-221-3246**

**In a Sacramental Emergency—703-468-1180**

## EUCCHARIST

Saturday Vigil - 5:30 PM

Sunday - 8:00 AM; 9:30 AM; 11:00 AM; 5:30 PM

12:30 PM - Español

Monday - Friday - 8:45 AM

## BAPTISM

Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

## RECONCILIATION

Saturday: 4:00 PM—5:00 PM and by appointment (English)

Saturday: 4:00 PM—5:00 PM and by appointment (Spanish)

## MARRIAGE

Arrangements are made with the parish office.

## VISITS TO AND ANOINTING OF THE SICK

Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

## PARISH MEMBERSHIP

To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

## PARISH COUNCIL

Dan Sullivan (Chair)

Christine Arroyo (Vice Chair) [dan\\_irene@icloud.com](mailto:dan_irene@icloud.com)

[christinevarroyo539@gmail.com](mailto:christinevarroyo539@gmail.com)

## PARISH SCHOOL

**703-221-3868**

Grades Pre-school—8th FAX 703-221-0700

Dr. Sally Nicholson, Principal

[snicholson@stfas.org](mailto:snicholson@stfas.org)

Elizabeth Orille, Office Coordinator/Admissions

[lorille@stfas.org](mailto:lorille@stfas.org)

## FRANCIS HOUSE:

**703-221-6344**

(Emergency Financial Assistance)

Francia Salguero, Director

[francias@stfrncis.org](mailto:francias@stfrncis.org)

2606 Heth Court, Dumfries, VA 22026

## FRANCISCAN FRIARS

**703-221-4044**

Fr. James Scullion, O.F.M., Pastor

x227

[frjscullion@stfrncis.org](mailto:frjscullion@stfrncis.org)

Fr. George Corrigan, O.F.M., Parochial Vicar

x228

[frgcorrigan@stfrncis.org](mailto:frgcorrigan@stfrncis.org)

Fr. Chris Dunn, O.F.M., Parochial Vicar

x229

[frcdunn@stfrncis.org](mailto:frcdunn@stfrncis.org)

## PERMANENT DEACON

Dcn. Michael Gomes (Leave messages at Parish phone)

[dcnmike@stfrncis.org](mailto:dcnmike@stfrncis.org)

## HISPANIC MINISTRY

x229

Fr. Chris Dunn, O.F.M., Parochial Vicar

[frcdunn@stfrncis.org](mailto:frcdunn@stfrncis.org)

## PARISH STAFF

**703-221-4044**

Lisa Bongiorno, Business Manager

x223

[lbongiorno@stfrncis.org](mailto:lbongiorno@stfrncis.org)

Chanel Marquis, Compliance Officer

x222

[cmarquis@stfrncis.org](mailto:cmarquis@stfrncis.org)

Jessica Ulsenheimer, Bookkeeper

X232

[julsenheimer@stfrncis.org](mailto:julsenheimer@stfrncis.org)

Lina Morales, Receptionist

X221

[lmorales@stfrncis.org](mailto:lmorales@stfrncis.org)

## FAITH FORMATION MINISTRY

**703-221-3127**

Sheila Noble, Director of Faith Formation

x238

[snoble@stfrncis.org](mailto:snoble@stfrncis.org)

Angelica Silva, CRE

x236

[asilva@stfrncis.org](mailto:asilva@stfrncis.org)

Elizabeth Brack, Secretary

x234

[lizb@stfrncis.org](mailto:lizb@stfrncis.org)

## MUSIC MINISTRY

**703-221-4044**

Nikole Giralaldi, Director

x231

[nikoleg@stfrncis.org](mailto:nikoleg@stfrncis.org)

Colleen Wells, Assistant Director

x237

[cwells@stfrncis.org](mailto:cwells@stfrncis.org)

## CYM

**540-273-0777**

Brandon Jubar, Coordinator of Youth Ministry

[bjubar@stfrncis.org](mailto:bjubar@stfrncis.org)



**Sunday Oct 8th - Rain or Shine  
1:30-4:00 pm**

# FRANCIS FEST

On the St. Francis of Assisi Campus

**Celebrate St. Francis, Meet  
fellow parishioners, Learn  
about parish ministries!**



**Tickets on sale  
after masses on  
the weekends of  
September  
16/17,  
September  
23/24, and  
September  
30/October 1.  
Also available in  
the Parish Office  
during business  
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**All-ages Bounce Houses, Pinatas, Kids Games,  
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ministry of  
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francias@stfrncis.org

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Dumfries, VA 22026

## Food Pantry Needs:

- Canned Fruit
- Cereal
- Canned Tuna
- Pasta

**Item of the Month:**  
**Toilet Paper**

If you or your family find yourself in need, please do not hesitate to reach out to us. Francis House is open:

- Tuesday 9:00 am until 12:00 pm
- Wednesday 9:00 am until 1:00 pm
- Thursday 9:00 am until 1:00 pm

Thank you for all that you do!

No appointment is necessary

## Meals for Prince William County Homeless Shelter

We believe that helping our brothers and sisters in need is an essential part of who we are as a Franciscan parish. It is a ministry that has been active and serving those in need for more than 20 years! And we need your help!

Sign up to  
provide  
breakfast for  
the shelter



Don't have time , but want to help? It is okay! You can donate the following items milk, juice, fresh fruit, desserts, bags of green salad, other deli salads.

**Or donate gifts cards from BJs, Costco, Sams, Food Lion or Walmart.**



Enjoy a non-contact Autumn Wreath purchase from the comfort of your home. There are 8 items available, four of them in 2-packs. The Wreaths you purchase for yourself, family, and friends will be delivered via Fed-X in September and October. Shipping included. Please order online at [www.GiftItForward.com](http://www.GiftItForward.com) and use our coupon code **KNIGHTVA003**. St. Francis' Knights of Columbus Potomac Council THANK YOU!

## **Faith Formation Office**

Phone: 703-221-3127 Fax: 703-221-3246  
Office Hours: Monday—Thursday: **8:00 a.m.—2:00 p.m.**  
Friday: **Closed**

### **Children's Faith Formation**



Registration for the 2023-2024 year is now open!! We do have a couple of notable changes for 2023-2024. Please note that **registration fees will remain constant through August 1<sup>st</sup>, but will increase slightly after that date.** Additionally, we are **changing our program name from Religious Education (RE) to Children's Faith Formation (CFF).** This change will align our children's program name with the previously existing Adult Faith Formation heading, and more importantly seeks to emphasize the significance of the formation of your child(ren)'s faith and relationship with God. There are many wonderful things to learn about our Catholic faith, but an encounter and relationship with Jesus must be the foundational piece.

Please register by scanning the QR code and let us know if you have any questions. A couple of final important notes:

You must be registered with the parish before Children's Faith Formation registration can be completed.

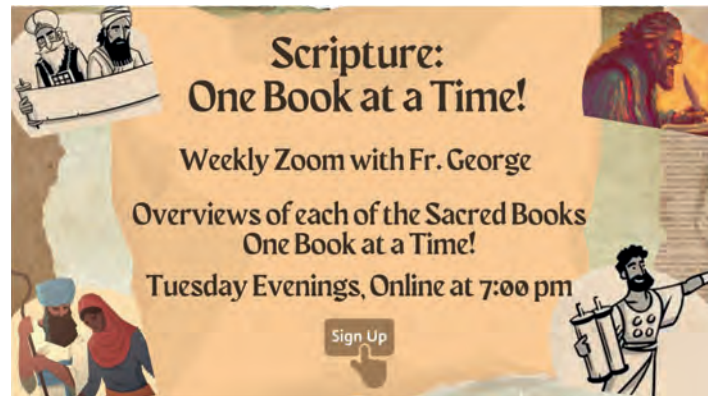
You must complete all three parts of the Registration:

- 1) Children's Faith Formation Registration
- 2) Payment
- 3) Parental Knowledge and Consent

We hope you have a wonderful summer and are looking forward to greeting you again in the fall for a new year!!



**Are You New to the Parish??? Welcome!!**  
Registration forms are available on the tables in the vestibule, from the Parish Office or from the parish website: [www.stfrncis.org](http://www.stfrncis.org).



You know you keep promising yourself that you will start reading the Bible ... but it is complicated with lots of names and events - sometimes it's hard to see how it is a unified story leading to Jesus. We have the answer for you: **Scripture: One Book at a Time!** Every Tuesday evening online (Zoom), invest 30-45 minutes with us as we provide a summary overview of each book of the Bible. How easy is that? Sign-up by scanning the QR Code, visit the front page of the parish website, or find the link in the current editions of the parish e-Newsletter.



### **Youth Group Meeting**



**Building  
Community**

**REAL Time Youth Group Meeting**  
**THEME: Building Community**

Sunday, September 10th—6:30 p.m. – 8:30 p.m.  
All Teens Grades 9-12  
In the St. Catherine Room

Sign-up for text messages to get info on all upcoming **REAL** activities!

**Text @sfacym to 81010 to receive texts with meeting information.**

## **VOLUNTEER**



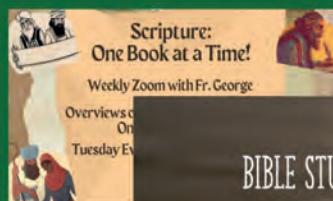
The Children's Faith Formation program is looking for a few more catechists to fill teaching slots in both our Sunday morning and Thursday evening sessions. All resources and training are provided, along with as much support from our team as you would like! Our benefits package is unmatched! There is nothing more rewarding than connecting with a group of young people as you all learn more about the Catholic faith and deepen your relationships with Jesus. Please consider reaching out to learn more about what is involved in becoming a catechist. We promise that you will NOT be disappointed! Please contact **Angelica Silva** ([asilva@stfrncis.org](mailto:asilva@stfrncis.org)) or **Sheila Noble** ([snoble@stfrncis.org](mailto:snoble@stfrncis.org)) for more information, we hope to hear from you soon!

## Adult Faith Formation

*Life longer learners about our Faith*

We are all called to live out our Baptismal promises and that includes growing in the Faith as life-long learners. Check out all the programs, courses, self-study, and resources available for you to grow in Faith.

<https://stfrncis.org/aff/>



....and much more!

### St. Francis Inn Philadelphia PA September 18-22, 2023

We are currently forming our mission team to work along side our sisters and brothers at St. Francis Inn, Philadelphia, PA. At the Inn we will live amongst the Friars, religious, lay ministers and Franciscan volunteers as we serve the poor, the homeless, and the marginalized of the Kennsington neighborhood in northeast Philadelphia. Please consider joining us as we respond to our call of discipleship standing in solidarity with those who have least in life. For more information, please contact **Desi McGlade**, [s.mcglade@verizon.net](mailto:s.mcglade@verizon.net).



The Lion's Club has 2 donation drop boxes located on the window sill in the vestibule. Please consider donating your used eyeglasses to the Lion's Club. Your unwanted glasses will help someone see better. Thank you for always being so generous.



The Parish Office will be closed on September 4th in observance of Labor Day.

### Mass for Jubilarians

Are you celebrating your **Silver or Golden Marriage Jubilee** this year?

Were you married in **1973 or 1998**?



Then please contact the Parish Office to make sure that you are registered for the "2023 Mass for Jubilarians." This Mass will be celebrated by **Bishop Michael F. Burbidge** at **3:00 p.m. on Sunday, October 15<sup>th</sup>** at **St. Agnes Catholic Church in Arlington, VA**. The Parish Office must submit all registration to the *Office for Family Life* as soon as possible. Registrations forms are available in the vestibule of the Church and on the parish website ([www.stfrncis.org](http://www.stfrncis.org)). Please contact **Chanel Marquis** at [cmarquis@stfrncis.org](mailto:cmarquis@stfrncis.org) or 703-221-4044, ext. 222 with any questions.

Do not delay. **Registration is due no later than Friday, September 29th.**

### SPONSOR OF THE WEEK

We would like to thank **Rhythm in Motion Dance Company** for sponsoring an ad in our weekly bulletin.



# Mass Intentions

<b>SATURDAY,</b> 4:00 PM 5:30 PM	<b>September 2—Weekday</b> Reconciliation †Alice Tippit †Thomas Dibbley †Gladys Spring
<b>SUNDAY,</b>  8:00 AM 9:30 AM  11:00 AM  12:30 PM 5:30 PM	<b>September 3—22nd Sunday of Ordinary Time</b> †Kevin Ryan Herrmann †Thomas Dibbley †Dwayne E. Gonsorcik †Juan Carols Arias-Ferreira †Spencer and †Nieves Sagudan †Arthur Cuellar †Donald Widener †Laurie Zeiszler People of the Parish Daisy Paredes †Jose Nilo C. Nuesa †Rosa J. Recto
<b>MONDAY,</b> 8:45 AM	<b>September 4—Weekday</b> †Stacy Gardner
<b>TUESDAY,</b> 8:45 AM	<b>September 5—Weekday</b> †Felicita Castaneda †Michael and †Veronica Tokar
<b>WEDNESDAY,</b> 8:45 AM	<b>September 6—Weekday</b> †Dwayne E. Gonsorcik †Kathryn Gonsorcik †Mike Dowd
<b>THURSDAY,</b> 8:45 AM	<b>September 7—Weekday</b> †Tom Dibbley
<b>FRIDAY,</b>  8:45 AM	<b>September 8—Nativity of the Blessed Virgin Mary</b> †Margaret Rowe †Marlene Carhart
<b>SATURDAY,</b> 4:00 PM 5:30 PM	<b>September 9—St. Peter Claver</b> Reconciliation †Thomas Dibbley †Alice Tippit †Anne Karaman

## Mass Intentions on Sunday, September 10, 2023

8:00 AM	†Ann Kovalchik †Thomas Dibbley †Greg Kujawa
9:30 AM	†Dwayne E. Gonsorcik †Lucille Allen †Everett Newman, Jr. †Elizabeth Garland †Armando Andaye
11:00 AM	Misa en español †William Zielinski People of the Parish
12:30 PM 5:30 PM	

## Readings for the Week of September 3, 2023

<b>Monday</b>	1 Thessalonians 4:13-18; Luke 4:16-30
<b>Tuesday</b>	1 Thessalonians 5:1-6, 9-11; Luke 4:31-37
<b>Wednesday</b>	Colossians 1:1-8; Luke 4:38-44
<b>Thursday</b>	Colossians 1:9-14; Luke 5:1-11
<b>Friday</b>	Micah 5:1-4a or Romans 8:28-30; Matthew 1:1-16, 18-23 or Matthew 1:18-23
<b>Saturday</b>	Colossians 1:21-23; Luke 6:1-5
<b>Sunday</b>	Ezekiel 33:7-9; Romans 13:8-10; Matthew 18:15-20

**Please Pray For** All those who are sick: Ileana Mele; Butch Asseoin; Mary Kay Jones; Gaston Gianni; Deneen Laffman; Mirian Yanet Segovia; Cathy O'Connor; Maira Pena; Larry Evans; Andrew Wagner; Jim Riordan; Randy Chapman; Kevin Sliwinski; Paul Puletz; Estrella Monzon; JJ Powell; Michelle Fornelli; Collin Callahan; Solange Wahl; Ricardo Sayson; Recaredo Monzon; Juliet Erasmo; Maureen Caddigan; S.J. Defibaugh; Lisa Kraus-Lyle; Corazon N. Atienza; Eric Brown; Jan Bond; Delores Baytan; Tomas Bernardo; David Back; Chad Burns; Bill Myers; Sue Long; Gary Ward; and Ted Zamerski.

**And for those recently deceased:** Francis Pablo (husband of Margarita Pablo).

**Please pray for the following who are serving abroad in harm's way:** Leo N. Company; and S. Defibaugh.

## Votive Candles

Envelopes are provided for candle money. **Please place them in the boxes located on the wall (next to the candles) in the church.**



## Golfing with Wolves

CHARITY GOLF TOURNAMENT at POTOMAC SHORES GOLF COURSE | Thursday September 21, 2023  
SHOT GUN START 10:30 AM

**SAINT JOHN PAUL THE GREAT CATHOLIC HIGH SCHOOL**  
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Individual \$150 until August 15/\$175 afterwards  
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Consider sponsoring a priest or religious  
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Saint John Paul the Great Catholic High School 17700 Dominican Drive Potomac Shores, VA 22026 703.445.0300

# KID'S KORNER

Gospel Today | 22nd Sunday in Ordinary Time | Mt 16:21-27  
The Bible tells us when we live for Jesus on earth, eternal life awaits us in Heaven.

Cycle A

## THE CROSS ROOM

† \* † \* †

The young man was at the end of his rope. Seeing no way out, he dropped to his knees in prayer.

"Lord, I can't go on," he said. "I have too heavy a cross to bear."

The Lord replied, "My son, if you can't bear it's weight, just place your cross inside this room. Then open another door and pick any cross you wish."

The man was filled with relief. "Thank you, Lord," he sighed, and did as he was told.

As he looked around the room he saw many different crosses; some so large the tops were not visible. Then he spotted a tiny cross leaning against a far wall. "I'd like that one, Lord," he whispered.

And the Lord replied, "My son, that's the cross you brought in." -Unknown

- Draw your own Cross Room pictures -



Taking up a cross doesn't mean we carry a real cross like Jesus did, it means "follow Jesus". We are told doing so is sometimes hard work or great labor, but it is a labor of love for Jesus, with great rewards.

In the Cross Room story the man thought his labor was too great. What did he learn?

Come to me, all you who labor and are burdened, and I will give you rest.

Matthew 11:28



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Please Continue To Pray For  
  
World Peace

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