



ST. FRANCIS OF ASSISI

Roman Catholic Church
18825 Fuller Heights Road

Triangle, Virginia 22172

703-221-4044

www.stfrncis.org

Parish Office Hours - Mon.-Thurs. 9:00 AM—3:00 PM

Fri. 9:00 AM—12:00 PM

Phone 703-221-4044

Fax 703-221-3246

In a Sacramental Emergency—703-468-1180

EUCCHARIST

Saturday Vigil - 5:30 PM

Sunday - 8:00 AM; 9:30 AM; 11:00 AM; 5:30 PM

12:30 PM - Español

Monday - Friday - 8:45 AM

BAPTISM

Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

RECONCILIATION

Saturday: 4:00 PM—5:00 PM and by appointment (English)

Saturday: 4:00 PM—5:00 PM and by appointment (Spanish)

MARRIAGE

Arrangements are made with the parish office.

VISITS TO AND ANOINTING OF THE SICK

Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

PARISH MEMBERSHIP

To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

PARISH COUNCIL

Dan Sullivan (Chair)

Christine Arroyo (Vice Chair) dan_irene@icloud.com

christinevarroyo539@gmail.com

PARISH SCHOOL

703-221-3868

Grades Pre-school—8th FAX 703-221-0700

Dr. Sally Nicholson, Principal

snicholson@stfas.org

Elizabeth Orille, Office Coordinator/Admissions

lorille@stfas.org

FRANCIS HOUSE:

703-221-6344

(Emergency Financial Assistance)

Francia Salguero, Director

francias@stfrncis.org

2606 Heth Court, Dumfries, VA 22026

FRANCISCAN FRIARS

703-221-4044

Fr. James Scullion, O.F.M., Pastor

x227

frjscullion@stfrncis.org

Fr. George Corrigan, O.F.M., Parochial Vicar

x228

frgcorrigan@stfrncis.org

Fr. Chris Dunn, O.F.M., Parochial Vicar

x229

frcdunn@stfrncis.org

PERMANENT DEACON

Dcn. Michael Gomes (Leave messages at Parish phone)

dcnmike@stfrncis.org

HISPANIC MINISTRY

x229

Fr. Chris Dunn, O.F.M., Parochial Vicar

frcdunn@stfrncis.org

PARISH STAFF

703-221-4044

Lisa Bongiorno, Business Manager

x223

lbongiorno@stfrncis.org

Chanel Marquis, Compliance Officer

x222

cmarquis@stfrncis.org

Jessica Ulsenheimer, Bookkeeper

X232

julsenheimer@stfrncis.org

Lina Morales, Receptionist

X221

lmorales@stfrncis.org

FAITH FORMATION MINISTRY

703-221-3127

Sheila Noble, Director of Faith Formation

x238

snoble@stfrncis.org

Angelica Silva, CRE

x236

asilva@stfrncis.org

Elizabeth Brack, Secretary

x234

lizb@stfrncis.org

MUSIC MINISTRY

703-221-4044

Nikole Giraldi, Director

x231

nikoleg@stfrncis.org

Colleen Wells, Assistant Director

x237

cwells@stfrncis.org

CYM

540-273-0777

Brandon Jubar, Coordinator of Youth Ministry

bjubar@stfrncis.org

Tuesday, August 15th is the
Assumption of the Blessed Virgin
Mary (a Holy Day of Obligation).
Masses will be at:

August 14th—5:00 p.m. (Vigil)

August 15th—8:45 a.m.
7:00 p.m. (English)
8:30 p.m. (Spanish)



The **VIRTUS Protecting God's Children** is the adult safe-environment program being offered by the Diocese of Arlington. **The Diocese requires all adult employees and also volunteers who have substantial contact with children to attend the seminar. This includes:**

- ⇒ Vacation Bible School volunteers
- ⇒ Nursery volunteers
- ⇒ Confirmation retreat parent volunteers
- ⇒ School parent volunteers, who chaperone field trips, volunteer in the classroom, etc.
- ⇒ Mommy & Me volunteers
- ⇒ Coaches for all sports
- ⇒ Boy Scout/Girl Scout leaders and assistants (regardless of whether they are parishioners)
- ⇒ Catechists and Assistant Catechists
- ⇒ CYM and MSYM volunteers
- ⇒ All church and school employees

St. Francis of Assisi Parish will host a **VIRTUS Session** on **Saturday, August 19th** from **9:00 a.m.—1:00 p.m.** in the **Parish Center Dining Facility** (session begins promptly at **9:00 a.m.**). To attend this workshop you must pre-register with your full legal name. The session is **limited to 60 people**, but there are a number of sessions offered throughout the Diocese; please check availability on the VIRTUS website.




To register: Please go to www.virtus.org and click on the green button/link labeled "First-Time Registrant" (you may either view a list of sessions or begin the registration process). To register for a specific session, select "Begin the Registration Process". Then, from the pull-down menu, select "Diocese of Arlington, VA". Then follow the online prompts.

Every adult member of the parish is invited to register and attend the workshop—it is our duty as members of this community of faith to be aware of how we can support and protect all children.




St. Francis of Assisi School is **hiring** part-time lunchroom staff for the 2023—2024 school year. Please visit the school website (www.stfas.org) for the link to apply.



Top 5 Reasons to Join a Choir at Saint Francis

5. You love to sing!
4. You build long lasting friendships.
3. It is a special way to connect to the mass through prayerful worship.
2. It is really good for your brain and body.
1. The best reason of all – a guaranteed seat for Christmas and Easter!



Rehearsals begin Monday, August 28th. All singers are welcome. For rehearsal times or more information about the different choirs, please see the website at <https://stfrncis.org/music-ministry-choirs/> or contact **Nikole Girdali** at nikoleg@stfrncis.org.

JOIN NOW!

Dear parishioners,

Thank you very much for your cards, your kind words, and your generous gifts. I am finally unpacked and settled in at St. Bonaventure. It is fairly quiet right now, but it is like the quiet before the storm, as we await the arrival of several thousand students on campus for the Fall semester.



Again my sincere thanks for your thoughts and prayers.

I wish you all the best and God's many blessings, and hopefully a cooler Fall season!

Sincerely,

Fr. John

St. Francis House Corner



St. Francis House an Outreach Program
from St. Francis of Assisi Parish
2606 Heth Court, Dumfries, VA 22026
703-221-6344
Francia Salguero and Angelica Silva

Item of the month: Cooking Oil

At this time we are in need of the following items:

- Canned fruit
- Cereal
- Canned vegetables
- Spaghetti
- Mac and Cheese
- Canned soup
- Pasta

If you or your family find yourselves in need, please do not hesitate to reach out to us. St. Francis House is open **Tuesday from 9:00 a.m. to 12:00 p.m., Wednesday and Thursday from 9:00 a.m.—1:00 p.m.**

Thank you for your continuing support and generosity. For more information, please contact **Francia Salguero** at 703-221-6344 or francias@stfrncis.org.

Breakfast for the PWC Shelter



St. Francis of Assisi Church is providing breakfast for our brothers and sisters at the PWC shelter. If you would like to donate ingredients for the preparation of the breakfast, please visit the following **Sign-Up Genius** link:

<https://www.signupgenius.com/go/904094EA5A622A3FD0-shelter>.

For more information or to support our meal program for the shelters in Prince William County, please visit us at www.stfrncis.org and sign-up in the **shelter Sign-Up Genius** or contact the **Director of St. Francis House and Meals Coordinator, Francia Salguero** at francias@stfrncis.org or 703-221-6344.

Boletín Semanal

Despensa de Comida de La Casa de San Francisco
Casa St. Francisco Un Programa de Ayuda Social de la
Parroquia de St. Francisco de Asís
2606 Heth Court, Dumfries, VA 22026
703-221-6344
Francia Salguero y Angelica Silva

Artículos del mes: Aceite de cocina

En este momento necesitamos los siguientes artículos:

- Fruta enlatada
- Cereal
- Vegetales enlatados
- Espaguetis
- Macarrones con queso
- Sopa enlatada
- Pasta

Si usted o su familia necesitan ayuda nosotros estamos aquí para ayudarlos. La Casa de San Francisco esta abierta los martes de 9:00 a.m. a 12:00 p.m. y miércoles y jueves de 9:00 a.m. a 1:00 p.m.

Gracias por su continuo apoyo y generosidad. Para obtener más información, no dude en comunicarse con nosotros al 703-221-6344 o francias@stfrncis.org.



St. Francis House is collecting backpacks **ONLY** to provide students from Dumfries and Triangle Elementary Schools. You can drop off your donations in the containers located in the vestibule of the church. The backpack drive will end on Sunday, August 27th. Thank you very much for your support!

St. Francis Inn Philadelphia PA September 18-22, 2023

We are currently forming our mission team to work along side our sisters and brothers at St. Francis Inn, Philadelphia, PA. At the Inn we will live amongst the Friars, religious, lay ministers and Franciscan volunteers as we



serve the poor, the homeless, and the marginalized of the Kennsington neighborhood in northeast Philadelphia. Please consider joining us as we respond to our call of discipleship standing in solidarity with those who have least in life. For more information, please contact **Desi McGlade**, s.mcglade@verizon.net.



**BE A FRANCIS-CAN
NOT A
FRANCIS-CAN'T**



Faith Formation Office

Phone: 703-221-3127 Fax: 703-221-3246
Office Hours: Monday—Thursday: 8:00 a.m.—2:00 p.m.
Friday: **Closed**

Children's Faith Formation



Registration for the 2023-2024 year is now open!! We do have a couple of notable changes for 2023-2024. Please note that **registration fees will remain constant through August 1st, but will increase slightly after that date.** Additionally, we are **changing our program name from Religious Education (RE) to Children's Faith Formation (CFF).** This change will align our children's program name with the previously existing Adult Faith Formation heading, and more importantly seeks to emphasize the significance of the formation of your child(ren)'s faith and relationship with God. There are many wonderful things to learn about our Catholic faith, but an encounter and relationship with Jesus must be the foundational piece.

Please register by scanning the QR code and let us know if you have any questions. A couple of final important notes:

You must be registered with the parish before Children's Faith Formation registration can be completed.

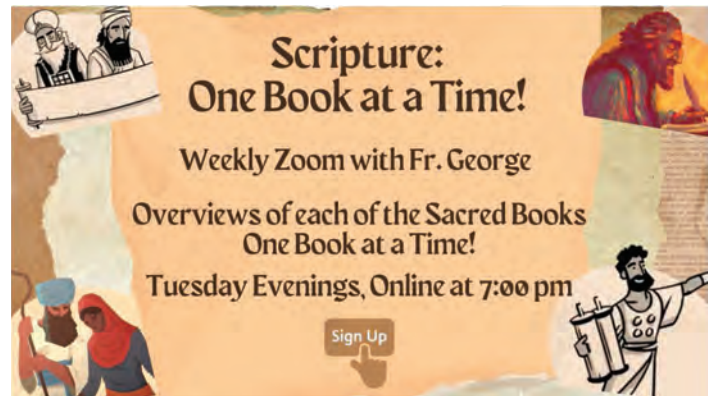
You must complete all three parts of the Registration:

- 1) Children's Faith Formation Registration
- 2) Payment
- 3) Parental Knowledge and Consent

We hope you have a wonderful summer and are looking forward to greeting you again in the fall for a new year!!



Are You New to the Parish??? Welcome!!
Registration forms are available on the tables in the vestibule, from the Parish Office or from the parish website: www.stfrncis.org.



You know you keep promising yourself that you will start reading the Bible ... but it is complicated with lots of names and events - sometimes it's hard to see how it is a unified story leading to Jesus. We have the answer for you: **Scripture: One Book at a Time!** Every Tuesday evening online (Zoom), invest 30-45 minutes with us as we provide a summary overview of each book of the Bible. How easy is that? Sign-up by scanning the QR Code, visit the front page of the parish website, or find the link in the current editions of the parish e-Newsletter.



SPONSOR OF THE WEEK

We would like to thank
RenovaSmiles
for sponsoring an ad in our weekly bulletin.

VOLUNTEER



The Children's Faith Formation program is looking for a few more catechists to fill teaching slots in both our Sunday morning and Thursday evening sessions. All resources and training are provided, along with as much support from our team as you would like! Our benefits package is unmatched! There is nothing more rewarding than connecting with a group of young people as you all learn more about the Catholic faith and deepen your relationships with Jesus. Please consider reaching out to learn more about what is involved in becoming a catechist. We promise that you will NOT be disappointed! Please contact **Angelica Silva** (asilva@stfrncis.org) or **Sheila Noble** (snoble@stfrncis.org) for more information, we hope to hear from you soon!



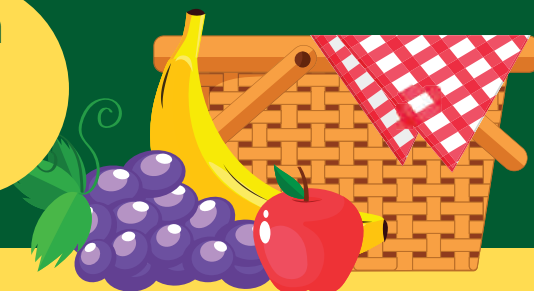
ST FRANICS PARISH PICNIC...

**WE'RE MOVING THE
CELEBRATION FROM LABOR DAY
TO BE PART OF FRANCIS FEST!**

The first weekend of October!

On the St. Franics of Assisi Campus

**More information is coming in
future bulletins, eNews, and
Flocknote emails.**





Mass Intentions

SATURDAY, 4:00 PM 5:30 PM	August 12—Weekday Reconciliation †Alice Tippet †Betsy P. Dennison †Jose Luis Rekena Bravo
SUNDAY, 8:00 AM 9:30 AM 11:00 AM 12:30 PM 5:30 PM	August 13—19th Sunday of Ordinary Time †Thomas Dibbley Mallozzi Family †Dwayne E. Gonsorcik †Janet Sarsfield Misa en español People of the Parish
MONDAY, 8:45 AM	August 14—St. Maximilian Mary Kolbe †Thomas Dibbley Bill Ignatuck, Jr.
5:00 PM	†Eileen Bolen
TUESDAY, 8:45 AM	August 15—Assumption of the Blessed Virgin Mary †Veronica Trudnak †Rocco Nuzzo Maria Asuncion Nepomuceno-Noesa
7:00 PM 8:30 PM	†Janet Sarsfield Misa en español
WEDNESDAY, 8:45 AM	August 16—Weekday †Dwayne E. Gonsorcik †Kathryn Gonsorcik
THURSDAY, 8:45 AM	August 17—Weekday †Miriam Longo
FRIDAY, 8:45 AM	August 18—Weekday †Janet Sarsfield
SATURDAY, 4:00 PM 5:30 PM	August 19—Weekday Reconciliation †Alice Tippet †Mary and †Michael Brough Michael Hatfield
Mass Intentions on Sunday, August 20, 2023	
8:00 AM	†Fern Halub †Thomas Dibbley †Kevin Dolan
9:30 AM	†Catherine Moran †Dwayne E. Gonsorcik †Spencer and †Nieves Sagudan
11:00 AM	†Loretta M. Garzke †Henri LeClerc †Norma Sales
12:30 PM	†Genaro Pleitez †Martina Heriquez People of the Parish
5:30 PM	†Rev. Robert E. Nilon, S.J. †Margaret and †Bill Ignatuck †Edgardo de Los Reyes Hernandez

Votive Candles

Envelopes are provided for candle money. **Please place them in the boxes located on the wall (next to the candles) in the church.**



Readings for the Week of August 13, 2023

Monday	Deuteronomy 10:12-22; Matthew 17:22-27
Tuesday	1 Chronicles 15: 3-4, 15-16; 16:1-2; 1 Corinthians 15:54b-57; Luke 11:27-28 Revelation 11:19a; 12:1-6a, 10ab; 1 Corinthians 15:20-27; Luke 1:39-56
Wednesday	Deuteronomy 34:1-12; Matthew 18:15-20
Thursday	Joshua 3:7-10a, 11, 13-17; Matthew 18:21 – 19:1
Friday	Joshua 24:1-13; Matthew 19:3-12
Saturday	Joshua 24:14-29; Matthew 19:13-15
Sunday	Isaiah 56:1, 6-7; Romans 11:13-15, 29-32; Matthew 15:21-28

Please Pray For

All those who are sick:

Gaston Gianni; Deneen Laffman; Mirian Yanet Segovia; Cathy O'Connor; Maira Pena; Joe Mitcho; Larry Evans; Andrew Wagner; Jim Riordan; Randy Chapman; Kevin Sliwinski; Andrew Geracoulis; Paul Puletz; Estrella Monzon; JJ Powell; Michelle Fornelli; Collin Callahan; Solange Wahl; Ricardo Sayson; Recaredo Monzon; Juliet Erasmo; Maureen Caddigan; S.J. Defibaugh; Lisa Kraus-Lyle; Corazon N. Atienza; Eric Brown; Jan Bond; Delores Baytan; Tomas Bernardo; David Back; Chad Burns; Bill Myers; Sue Long; Gary Ward; and Ted Zamerski.

And for those recently deceased: John Gonsorcik; and Donna Marie Carmical (wife of Stanley Carmical).

Please pray for the following who are serving abroad in harm's way: Leo N. Company; and S. Defibaugh.

Mass for Jubilarians

Are you celebrating your **Silver or Golden Marriage Jubilee** this year?

Were you married in **1973 or 1998?**



Then please contact the Parish Office to make sure that you are registered for the "2023 Mass for Jubilarians." This Mass will be celebrated by *Bishop Michael F. Burbidge* at **3:00 p.m. on Sunday, October 15th at St. Agnes Catholic Church in Arlington, VA.** The Parish Office must submit all registration to the *Office for Family Life* as soon as possible. Registrations forms are available in the vestibule of the Church and on the parish website (www.stfrancis.org). Please contact **Chanel Marquis** at cmarquis@stfrancis.org or 703-221-4044, ext. 222 with any questions.

Do not delay. **Registration is due no later than Friday, September 29th.**

< KID'S > KORNER

Gospel Today Nineteenth Sunday in Ordinary Time | Matthew 14:22-33

The boat carrying the disciples was a few miles out to sea when Jesus, walking on the water, came toward them. Seeing they were frightened Jesus said, "Take courage, it is I, do not be afraid." *Matthew 14:27* When Peter showed faith and walked toward Jesus on the water, his faith faltered and he began to sink, crying out to Jesus to save him.

Cycle A

F
U
X
N
Q
J
I
P
T
H
K
B
C
G
W
Y
Z



Jesus saw how hard it was for His disciples to keep their faith even though they witnessed first hand His miracles. Jesus knows it is also hard for us to not lose faith. If you begin to doubt, repeat the words of Jesus... "O you of little faith, why did you doubt?" *Matthew 14:31* Have you ever heard anyone say this before?

Find and write the missing letters not listed (from A to Z)

Hint: This sentence has a double of one letter

Unscramble the letters and fill in the blanks to complete the sentence below.

As Peter was beginning to sink, he cried out,

Matthew 14:30

Creekside Marine Upholstery LLC

Canvas & Upholstery

- Boat Covers
- Bimini Covers
- Side Curtains
- Aft Curtains
- Cockpit Covers



- Console Covers •
- Hatch Cover •
- Winter Covers •
- Sloping Back Covers •
- DIOCESAN MEMBER •

CALL: 540-684-2162

E-mail Us At: inforequest@creeksidemarine.net



SPECIALIZING IN LUNG DISEASE & SLEEP MEDICINE

Dr. Dolojan • Dr. Alattar • APP Stone

540.200.8272

www.v-pacc.com • scheduling@v-pacc.com

4604 Spotsylvania Parkway, Ste 340 • Fredericksburg, VA 22408



ASPCA
ASPCA.ORG
WE ARE THEIR VOICE.®

www.asPCA.org

EFFINGHAM
Circs 1767

Award Winning Wines

A Historic Adults Only Winery

ANNIVERSARIES
WEDDINGS & MORE



Open Daily
11am-6pm

Make Your
Own
History Here

703-594-2300

14325 Trotters Ridge Place
Nokesville, VA 20181

infoeffinghammanor.com
effinghammanor.com

Family Owned and Operated



Open Mon - Fri, 8am-5pm; Sat 8am-12 Noon

703-680-2685

www.lakeridgeautomotive.net

Travis Mowing & Landscaping

Mowing • Edging • Mulching
Fertilizing • Seeding
Leaf Pick Up

703.732.3006



15% OFF ANY SERVICE

Free Estimates by a Certified Arborist

Tree & Stump Removal • Pruning

Crown Maintenance • Fertilization

www.rosstrees.com

Today is a
good day
to have a
great
day!



**POISON
Help**

1-800-222-1222



MHT's Cathedrals & Battlefields of Normandy 14-27 June 2024

Normandy
Beaches—
Mont-St-
Michel—
Giverny
Monet's
Garden—
Caen—
Paris

(703) 590-1295

www.miltours.com



**MILITARY
HISTORICAL TOURS, INC.**



OMNIRIDE
GET THERE SMARTER

Now Offering
**Sunday
Service!**
On Some Routes



OmniRide.com • 703-730-6664

**CASSELLA
HARDSCAPING**
571-594-6393

Walkways • Patios
Retaining Walls
Outdoor Kitchens
Custom Stone Work

Diocesan Member

elijah@cassellalandscape.com



Dale City - 703-680-1234

Remodeled • Affordable • More Options
www.mountcastle.net

Woodbridge - 703-494-2000

Be a friend.
Give blood.
American Red Cross

PLUMBING Innovators
RESIDENTIAL & COMMERCIAL
Richie Cantillon
540-295-8876
www.plumbinginnovators.com

EAST GATE APARTMENTS
DUMFRIES HEIGHTS APARTMENTS
Across from Weems & Botts Museum



703-221-2940
18430 Lotus Court • Triangle, VA
eastgateapts.net

Meg Czapiewski, Owner, Realtor®
Honorable Service Realty Group
Military Relocation Professional®
Top Producer Prince Wm Assoc. of Realtors
HonorableServiceRealty.com
Direct: 571-264-1867
29 Years of Service before Self...YOU are Our Mission!

Parishioner

DR. JAMES E. LUPI, DDS
www.drlupiortho.com
invisalign®
PLATINUM PROVIDER ★★★★★
540.720.4178

J. David Alachnowicz, DDS, PC
Practicing in the Dumfries area for 12 years
Whole Family Hygiene Care • Cosmetic Dentistry
White (Tooth Colored) Fillings • Implants • Root Canals
Oral Surgery • Venus Teeth Whitening System
Laser Procedures • Porcelain Veneers
703-634-2529
www.moderndaydentistry.com
3759 Fettler Park Drive • Dumfries, VA 22025

Thinking of buying or selling your home?
Call Kristin Burns
Cell: 703-499-1227
yourNOVAagent@gmail.com
www.YourNOVAagent.com
Licensed in Virginia since 2003
21 CENTURY 21
Redwood Realty
Parishioner Since 1989
Each office independently owned and operated. Not intended to solicit homes listed with another broker.

RenovaSmiles
FAMILY & COSMETIC DENTISTRY
Diocesan Member
Special for New Patients \$99
FREE WHITENING KIT
Exam + Xrays + Basic Cleaning
www.RENOVASMILES.com

DIOCESAN MEMBER FOR 40 YEARS
FREE ESTIMATES
SUMMIT ROOFING CONTRACTORS INC.
703-368-7483
E-Mail: info@summitroofing.com
13042 BALLS FORD ROAD • MANASSAS, VA 20109
summitroofing.com

BROWN, MOBLEY & WAY P.C.
TAX AND ACCOUNTING PROFESSIONALS
TAX PLANNERS NOT JUST TAX PREPARERS
• Corporate & Individual Tax Preparation
• Bookkeeping & Payroll Services
• Accounting Systems Training
• Financial Statements
• Business Plans
• 30 Minute Free Business Consultation
703-361-9068
9161 Liberia Ave., Ste. 100 • Manassas, VA 20110
www.bmwtaxva.com

14007 Minnieville Road
Woodbridge, VA 22193
703-670-5414
Please Continue To Pray For
World Peace
Rhythm in Motion Dance Company LLC
385 Garrisonville Rd
Stafford, VA 22554
540-300-5239
RMDCStafford@gmail.com
www.RMDCStafford.com

MULLINS & THOMPSON FUNERAL SERVICE

Stafford Chapel
186 Shelton Shop Road
(540) 659-7690



"A Tradition of Excellence"

Fredericksburg Chapel
1621 Jefferson Davis Highway
(540) 373-5842

mullinsthompsonstafford.com | mullinsthompsonfredericksburg.com