



ST. FRANCIS OF ASSISI

Roman Catholic Church
18825 Fuller Heights Road

Triangle, Virginia 22172

703-221-4044

www.stfrncis.org

Parish Office Hours - Mon.-Thurs. 9:00 AM—3:00 PM

Fri. 9:00 AM—12:00 PM

Phone 703-221-4044

Fax 703-221-3246

In a Sacramental Emergency—703-468-1180

EUCCHARIST

Saturday Vigil - 5:30 PM (with Live Stream)

Sunday - 8:00 AM; 9:30 AM; 11:00 AM; 5:30 PM

12:30 PM - Español (with Live Stream)

Monday - Friday - 8:45 AM

BAPTISM

Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

RECONCILIATION

Saturday: 4:00 PM—5:00 PM and by appointment (English)

Saturday: 4:00 PM—5:00 PM and by appointment (Spanish)

MARRIAGE

Arrangements are made with the parish office.

VISITS TO AND ANOINTING OF THE SICK

Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

PARISH MEMBERSHIP

To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

PARISH COUNCIL

Terry Danner (Chair) 703-680-0860

Maggie Eves (Vice Chair) 703-304-8058

PARISH SCHOOL 703-221-3868

Grades Pre-school—8th FAX 703-221-0700

Dr. Tricia Barber, Principal

tricia.barber@verizon.net

Elizabeth Orille, Office Coordinator/Admissions

orillee.sfas@gmail.com

FRANCIS HOUSE: 703-221-6344

(Emergency Financial Assistance)

Francia Salguero, Director

francias@stfrncis.org

2606 Heth Court, Dumfries, VA 22026

FRANCISCAN FRIARS

703-221-4044

Fr. John O'Connor, O.F.M., Pastor

x226

frjoconnor@stfrncis.org

Fr. James Scullion, O.F.M., Parochial Vicar

x227

frjscullion@stfrncis.org

Fr. George Corrigan, O.F.M., Parochial Vicar

x228

frgcorrigan@stfrncis.org

Fr. Lalo Jara, O.F.M., Parochial Vicar

x229

frljara@stfrncis.org

PERMANENT DEACON

Dcn. Michael Gomes (Leave messages at Parish phone)

dcnmike@stfrncis.org

HISPANIC MINISTRY

x229

Fr. Lalo Jara, O.F.M., Parochial Vicar

frljara@stfrncis.org

Angelica Silva, Pastoral Associate

703-221-6344

asalquero@stfrncis.org

PARISH STAFF

703-221-4044

Maureen Deutermann, Receptionist

x221

mdeutermann@stfrncis.org

Chanel Marquis, Compliance Officer

x222

cmarquis@stfrncis.org

Barbara Stouffer, Bookkeeper

x232

barbaras@stfrncis.org

FAITH FORMATION MINISTRY

703-221-3127

Elizabeth Brack, Secretary

x234

lizb@stfrncis.org

Marianne Hayes, DRE

x236

recoor@stfrncis.org

Sheila Noble, Assistant DRE

x238

snoble@stfrncis.org

STEPHEN MINISTRY

703-221-4044

Kathy Walker, Director of Stephen Ministry

x233

kwalker@stfrncis.org

MUSIC MINISTRY

703-221-4044 x231

Nikole Giraldi, Director

nikoleg@stfrncis.org

Colleen Wells, Assistant Director

703-221-4044 x231

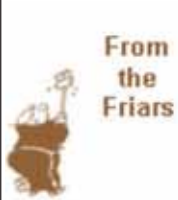
cwells@stfrncis.org

CYM

540-273-0777

Brandon Jubar, Coordinator of Youth Ministry

bjubar@stfrncis.org



Did you know that technically there is no such thing as “Last Rites?” But the expression endures as the name of a sacramental celebration that people associate with death and dying. As priests we are often called, “Father can you come, my mom is dying and she needs Last Rites?” And we are happy to do so, but.... let's take a moment to explore the sacramental celebration.

Technically, when people call for “Last Rites” they are calling for the “Continuous Rite” which is actually a celebration of three sacraments: Reconciliation, Eucharist, and Sacrament of Healing (also referred to as Anointing or Sacrament of the Sick). There is no need to wait until the loved one has slipped into a non-responsive condition. Under current guidelines, the celebration can be given at the onset of serious or terminal illness and does not need to be repeated once an individual is closer to passing. We would recommend to you that it is better to arrange for the priest to come earlier when the person is able to more actively participate—especially participation in Reconciliation and Eucharist.

There is also a practical matter: I-95 and Route 1. Many of our parishioners live south of the parish in Stafford County or closer to Fredericksburg. On one recent call to come to the house, it took almost two hours to arrive at the house (...and two hours travel back). Hospitals are a little different from home calls. If your loved one is a patient in one of the hospitals south of the parish, the priests of the local parishes are “on call” to administer the Sacrament of the Sick at those hospitals. They are able to arrive at the hospital in a matter of minutes.

Sincerely in Christ,

Fr. John O'Connor, O.F.M.

The parishes responsible for emergency anointings are:

- INOVA—Lorton—**Our Lady of Angels**, Woodbridge
- INOVA—Mt. Vernon—**Good Shepherd**, Alexandria
- INOVA—Fairfax (**Hospital's Chaplain's office 24/7**)
- INOVA—Fair Oaks—**St. Veronica's**, Chantilly
- INOVA—Alexandria—**Blessed Sacrament**, Alexandria
- Mary Washington Hospital—**St. Mary's**, Fredericksburg
- Prince William Hospital—**All Saints**, Manassas
- Sentara Hospital—**Our Lady of Angels**, Woodbridge
- Spotsylvania Hospital—**St. Jude**, Fredericksburg
- Stafford Hospital—**St. William of York**, Stafford
- Virginia Hospital—**St. Ann's**, Arlington

Are You New to the Parish??? Welcome!!

Registration forms are available on the tables in the vestibule, from the Parish Office or from the parish

website www.stfrncis.org.

Mark Your Calendars: Francis Fest October 3, 2021

After a long COVID- induced hiatus, we have finally come back to worship as a parish community. On October 3rd, it is also finally time to re-establish a beloved annual parish celebration: Francis Fest! For those of you new to the parish, this is a time for all to come together as a parish family and enjoy an afternoon of fun, food and camaraderie. *The festivities take place from 12:00 p.m.—5:00 p.m. on the parish grounds*, and will include activities for all ages.



If you were a member of the Francis Fest Committee in the past, we need you back! If you are new to the parish and looking for a parish activity to become involved in, Francis Fest is the perfect way to meet new people and contribute to this once a year event. The committee commitments include:

- Attendance at several pre-festival planning meetings (one hour maximum!)
- Assisting in selling advance tickets after Masses 2 weekends prior to the event.
- Assisting in whatever way needed on the day of the festival.

If you are interested in serving on the committee or for any other questions regarding Francis Fest, please email **Maureen Deutermann** (mdeutermann@stfrncis.org).

Please Pray For

All those who are sick: Harry Wahl; Faye Ergenbright; Chad Burns; Santiago and Norma Llobrera; Bill Myers; Sue Long; Lilly Diaz; Laurie Zeiszler; Aaron Childs; Gary Ward; and Richard McClevey.

And those recently deceased: Peter Travis (husband of Alexandra Travis).

Please pray for the following who are serving abroad in harm's way: Leo N. Company; and S. Defibaugh.

Votive Candles

Envelopes are provided for candle money. **Please place them in the boxes located on the wall (next to the candles) in the church.**



If you will not let the past die, then it will not let you live. Talking helps. Please contact **Kathy Walker** at kwalker@stfrncis.org for more information about Stephen Ministry.

St. Francis House Corner



St. Francis House an Outreach Program
from St. Francis of Assisi Parish
2606 Heth Court, Dumfries, VA 22026
703-221-6344
Francia Salguero and Angelica Silva

St. Francis of Assisi Outreach Ministry

As of June 1st the USDA program that donated perishable food boxes to people in need has ended. We are still experiencing a high volume of clients in need of food. We are in dire need of your help. If you would like to contribute to the food pantry, below you will find items that we can use to keep running our food pantry. Also, you can provide monetary assistance through our electronic giving program. You will find the directions on the Parish website (www.stfrncis.org).

Item of the Month: Toilet Paper

- Paper Towels
- Mac & Cheese
- Jelly
- Pasta
- Canned soup
- Canned fruit

Thank you for your continuing support and generosity. For more information, please contact **Francia Salguero** at 703-221-6344 or francias@stfrncis.org.



Meals for the Shelter

Thank you very much for your continuing support with the homeless shelter. For more information or to sign-up, please visit the following Sign-Up Genius link: <https://www.signupgenius.com/go/904094EA5A622A3FD0-shelter>

or Sign-Up Genius forms can be found on the parish website: www.stfrncis.org under Meals for the Shelter.

For more information or to support our meal program for the shelters in Prince William County, please contact the Director of St. Francis House and Meals Coordinator, **Francia Salguero** at francias@stfrncis.org or 703-221-6344.

Boletín Semanal

Despensa de Comida de La Casa de San Francisco
Casa St. Francisco Un Programa de Ayuda Social de la
Parroquia de St. Francisco de Asís
2606 Heth Court, Dumfries, VA 22026
703-221-6344

Ministerio de Asistencia Social de San Francisco de Asís

A partir del 1 de junio, finalizó el programa del USDA que donaba cajas de alimentos perecederos a personas necesitadas. Seguimos experimentando un gran volumen de clientes que necesitan alimentos. Necesitamos su ayuda con urgencia. Si desea contribuir a la despensa de alimentos, a continuación puede encontrar artículos que podemos usar para seguir funcionando nuestra despensa de alimentos. Además, puede brindar asistencia monetaria a través de nuestro programa de donaciones electrónicas.

Puede encontrar las instrucciones en el sitio web de la parroquia (www.stfrncis.org).

Artículo del Mes: Papel Higienico

- Papel Toalla
- Macarrones con queso
- Mermelada
- Pasta
- Sopa enlatada
- Fruta enlatada

Gracias por su continuo apoyo y generosidad. Para obtener más información, no dude en comunicarse con nosotros al 703-221-6344 o francias@stfrncis.org.

SUPPORT LIFE



Please contact your congressman to let him know you do not support taxpayer funded abortion. Government money would be better spent supporting women in crisis pregnancies and struggling new mothers than paying to end the lives of their children. Tell Congress to save the Hyde amendment: <https://bit.ly/no-taxpayer-abortion-action>.

Faith Formation Office

Phone: 703-221-3127 Fax: 703-221-3246

Office Hours: Monday—Thursday: **8:00 a.m.—2:00 p.m.**

Friday: **Closed**

Religious Education for 2021-2022



Religious Education Registration for the fall is up and running on our website! Classes will be in person. For the online option, payment must be made either by credit card or debit card. We also will have the paper forms up on the website so that you can pay with a check by mail or cash or drop off at the church.

<https://www.stfrncis.org/welcome-and-introduction/>.

****Just a reminder that registration for RE is encouraged for all children grades 1st-8th and not just for sacramental years. The curriculum used depends on a continuation of classes to ensure a proper faith foundation. So much information and spiritual growth is lost when there are skipped years! For more information, please call our RE Office at 703-221-3127.**

Religious Education is in need of Catechists (Teachers) for the upcoming 2021-22 School year. Many long time Catechists are moving from the area. Training and materials provided and no experience is necessary. Please contact **Marianne Hayes, DRE at 703-221-3127 or recoor@stfrncis.org**. All RE fees are waived for Catechists and Co-Catechists.



Keep those used printer cartridges coming!

Faith Formation has been helping to be good stewards of our earth by recycling. With your contribution of used ink cartridges, we can help care for the earth and it is so easy to do.

Please **do not** drop the cartridges in the **Catch-All Slot**.
(No laser cartridges.)

**You can drop the cartridges off in the basket
on the table in the vestibule
or stop by the Faith Formation Office.**

Thank you for your continued support!

Golfing with Wolves

Saint John Paul the Great Catholic High School invites you to a fun day of golf, friends, and food at Potomac Shores Golf Club on **Thursday, September 16, 2021**. This is a "best ball" tournament with a shotgun start at 10:30 a.m. If you cannot play, consider donating a ticket for a priest, buying dinner tickets, or making a donation online. For more information, please email golf@jpthegreat.org or see our website: www.saintjohnpaulthegreatgolf.org.



COKE GIVES PROGRAM



Turn Coke product caps into cash for St. Francis School! Look for codes inside cartons and under lids of Coke, Sprite, Dasani, Fanta, Barq's, Fresca, Mr. Pibb, Mello Yello, Fuze, Seagram's Ginger Ale, and Tab. Simply bag the caps and / or carton codes—carton codes are especially helpful - and bring them to the school. We will take it from there. For more information, please contact **William Sharp at 571-408-5213 or youcandance5678@yahoo.com**. God bless!

Attention Class of 2021: The Associates of St. John Bosco invites rising college freshmen to attend a College Night at one of the following parishes:



**July 21st—St. Mary's Old Town
(held at St. Mary's Lyceum)
July 28th—St. Mary's Fredericksburg
(held at Holy Cross Academy)**

College Nights are free to all students and provide resources and support for keeping your Catholic faith when entering college this fall. Catholic student representatives from George Mason, UVA, the University of Mary Washington, William & Mary, Virginia Tech and other private and public schools will be on hand to share their experiences of being a Catholic college student. This is a great opportunity to network with other Catholic students and to receive resources for the transition to college only a few months away. The Nights begin at 7:00 PM, and students are encouraged to wear their college t-shirt to the event! To register for one of the College Nights and for additional information, visit our website at www.asjb.org. *Registration is limited to 50 students per night.*

**** Our College Nights will be held according to all Virginia Covid-19 Guidelines for social distancing and group size.**

SPONSOR OF THE WEEK

We would like to thank
DeSeguros—Insurance Broker
for sponsoring an ad in our weekly bulletin.

As Fr. John noted last week in **his pastor's column**, there is a lot of discussion about the Holy Eucharist among the U.S. Bishops, and partly because of a report from the Pew Foundation about what Catholics believe or accept regarding the Catholic teaching about the Holy Eucharist. As it also happens, we are in Lectionary Cycle, Year B, in which the Gospel of Mark is our primary gospel for the Sundays of Ordinary Time. But Mark is the shortest of all the gospels and so it needs to be supplemented—and the church does so using the Gospel of John. Beginning Sunday July 25th and for the following four weeks, we will read from Chapter 6 of the Gospel of John, the “Bread of Life” discourse which is a theological view of the Eucharist. We will try to offer various articles from Catholic scholars to offer a broad understanding of the Holy Eucharist—more than what the Catechism of the Catholic Church offers ([paragraphs 1322 and following](#))—which I would encourage you to take some time to read.



Photo Credit: CNS photo/Jorg Loeffke, KNA

There are many names for this amazing Sacrament—reflecting the inexhaustible richness of the Eucharist. The very name itself, Eucharist, means it is an action of thanksgiving to God with *eucharistein*, the Greek word for “thanksgiving.” It is called the “Lord’s Supper” because of its connection to the Passover meal on the first Holy Thursday. The names are many: “breaking of the bread,” “memorial of the Lord’s Passion,” “Holy Sacrifice,” “Holy Communion,” the “Real Presence” and more. And so often we think of these terms in individualistic terms—and it is an intense, personal experience with the Risen Lord when one receives the Eucharist. But it is also communal, or as the Church often calls it: ecclesiological – that which describes the Church.

One of the most common descriptions of the Church are the “four marks of the Church”—that which makes us what we are. It is part of the Nicene Creed we pray each Sunday: we are One, Holy, Catholic and Apostolic. Let’s quickly look at each of these terms.

We are One. “*There is one body and one spirit,*” Paul wrote, “*just as you were called to the one hope that belongs to your call, one Lord, one faith, one baptism, one God and Father of us all*” (Eph. 4:4-5). Paul linked this primitive unity to the Church’s common Eucharistic bread: “*Because there is one bread, we who are many are one body, for we all partake of one bread*” (1 Cor. 10:17). Jesus had promised at the outset that “*there would be one flock, one shepherd*” (John 10:16).

We are Holy. Does this mean that each and every Catholic is holy? Unfortunately, no. The Church is a holy institution made up of sinners. The Church is holy because Christ is holy. We have a responsibility to become holy. Holiness is meant for everyone. It is our responsibility to seek holiness in whatever place we find ourselves. If you are a nurse, God wants you to be a holy nurse. If you are an IT professional, God is calling you to be a holy technologist. If you work at a restaurant, God wants you to be holy in that job. Above all, we are all called to be holy in the context of our families.

We are Catholic. Did you know that technically you are part of the Latin Rite of the Catholic Church? Roman Catholic is just a convenient “nickname” so to speak. The word catholic in the Creed often throws people off. Some think that it’s the name of our church. In the Creed, this word means “universal” from the Greek *katholika*. Jesus called his Apostles and disciples to “*go and make disciples of all nations.*” And they did. Our Church still does. Our Church serves the needs of people around the world. This means that we don’t simply belong to St. Francis in Triangle; we belong to a universal church that covers the globe. Anywhere there is a Catholic Church, we are home.

We are Apostolic. Christ Himself appointed the leaders of the early Church: his Apostles. Even as He was clearly aware of their faults, their doubts, their sins. Yet, Christ still told them they were to lead the Church.

The apostles were the first bishops, and, since the first century, there has been an unbroken line of Catholic bishops faithfully handing on what the apostles taught the first Christians in Sacred Scripture and Sacred Tradition (2 Timothy 2:2). These beliefs include the bodily Resurrection of Jesus, the Real Presence of Jesus in the Eucharist, the sacrificial nature of the Mass, the forgiveness of sins through the sacrament, baptismal regeneration, the existence of purgatory, Mary’s special role, and much more—even the doctrine of apostolic succession itself.

These are the four marks of the Church. They are a means to understand the eucharistic ecclesiology of who we are. Cardinal Henri de Lubac, S.J., “The Eucharist builds the church and the church makes the Eucharist.” Each was founded by Christ with a view to the other. Unless there were a church, there would be no one to celebrate the Eucharist, but unless there were a Eucharist, the church would lack the supreme source of its vitality. As Cardinal Avery Dulles writes: “The church renews itself by continually returning to the sources of its own life. By immersing itself in the Eucharist it takes on the characteristics of that great mystery of faith. Because the greater assimilates the lesser, the usual law of eating is reversed. In a famous passage, Augustine depicts Christ saying, ‘I am your food, but instead of my being changed into you, it is you who will be transformed into me.’” As St. John Paul the Great points out in his encyclical, *Ecclesia de Eucharistia*, the Eucharist has the same four marks of the Church.

Want to know more? Read Cardinal Dulles’ full article: “A Eucharistic Church” on our parish website (<https://stfrncis.org/dulles/>).



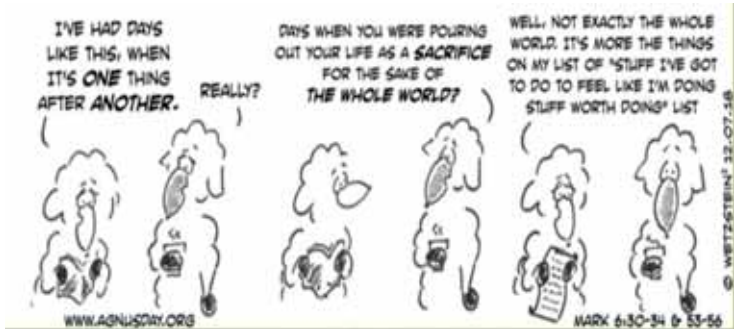
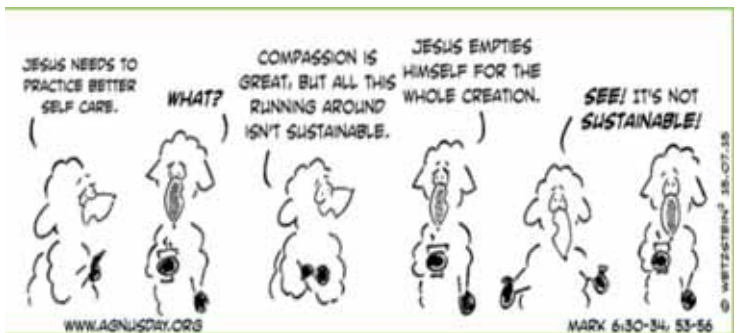
Mass Intentions

SATURDAY, 4:00 PM 5:30 PM	July 17—Weekday Reconciliation †Alice Tippit †Harry Logel †Christina Garcia Quinones
SUNDAY, 8:00 AM 9:30 AM 11:00 AM 12:30 PM 5:30 PM	July 18—16th Sunday in Ordinary Time †Jerri Gall †Elias Macarayo Eugenio Lu Yuan †Dwayne E. Gonsorcik †Ann Tossell Aiden D'Angelo †Betsy Patricia Dennison †Otella Creegan †Evelyn Clark †Gerardo Ponce People of the Parish †Christina Garcia Quinones †Elias Macarayo-Eugenio
MONDAY, 8:45 AM	July 19—Weekday
TUESDAY, 8:45 AM	July 20—Weekday
WEDNESDAY, 8:45 AM	July 21—Weekday †Dwayne E. Gonsorcik †Kathryn Gonsorcik
THURSDAY, 8:45 AM	July 22—St. Mary Magdalene
FRIDAY, 8:45 AM	July 23—Weekday
SATURDAY, 4:00 PM 5:30 PM	July 24—Weekday Reconciliation †Alice Tippit †Dennis Meagher †Michael Sullivan
Mass Intentions on Sunday, July 25, 2021	
8:00 AM	Maureen Caddigan †Juan Carlos Arias Ferreira †Deceased Members of the Cuellar Phillips Family
9:30 AM	†Dwayne E. Gonsorcik †John and †Mary Misyak †Betsy Dennison
11:00 AM	†Tyler J. Mangus †Pedro R. Martinez †Otella Creegan
12:30 PM	†Gerardo Ponce †Juana Balle
5:30 PM	People of the Parish

There is a book located in the Blessed Sacrament Chapel next to the Tabernacle for you to write your own prayers of petition. During the *Prayer of the Faithful* during weekend liturgies, an intercession will call to mind those prayers in a general way. In this manner, the public prayer of the church is bound to the many prayers of the faithful who live in the body of Christ!

Readings for the Week of July 18, 2021

Monday	Exodus 14:5-18; Exodus 15:1bc-2, 3-4, 5-6; Matthew 12:38-42
Tuesday	Exodus 14:21—15:1; Exodus 15:8-9, 10 and 12, 17; Matthew 12:46-50
Wednesday	Exodus 16:1-5, 9-15; Matthew 13:1-9
Thursday	Song of Songs 3:1-4b or 2 Corinthians 5:14-17 or Exodus 19:1-2, 9-11, 16-20b; Daniel 3:52, 53, 54, 55, 56 or John 20:1-2, 11-18
Friday	Exodus 20:1-17; Matthew 13:18-23
Saturday	Exodus 24:3-8; Matthew 13:24-30
Sunday	2 Kings 4:42-44; Ephesians 4:1-6; John 6:1-15



"Agnus Day appears with the permission of www.agnusday.org"

New and Veteran Ushers!
We seriously need your help!!



The role of the usher/greeter is one of offering a friendly presence to those coming to Mass, of providing leadership during emergencies and performing such tasks as taking up the collection, presenting the gifts, and assisting parishioners during Communion—always conscious of Christ's words "For I was...a stranger and you welcomed me," (Matthew 25:35) Interested? Please contact **Chanel** (cmarquis@stfrncis.org).

< KID'S > KORNER

Gospel Today

Sixteenth Sunday in Ordinary Time | Mark 6:30-34

Year B

The apostles were hungry and tired after preaching to so many. They went with Jesus by boat to a quiet place across the sea to rest. Many people ran ahead, getting there first, so Jesus began teaching the large crowd. By evening, everyone wanted to eat and needed to be fed.

DOWN

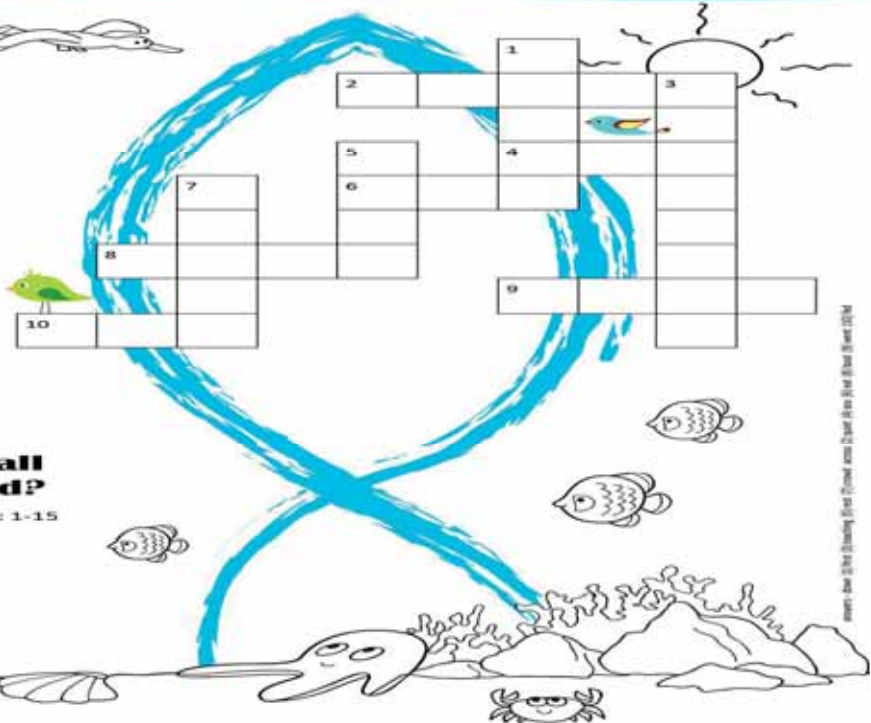
- (1) The large crowd arrived _____
- (3) Jesus began _____
- (5) The apostles needed to _____
- (7) The people following Jesus formed a large _____

ACROSS

- (2) Jesus took the apostles to a _____ place to rest
- (4) The water they crossed was the _____ of Galilee
- (6) When we are hungry we _____
- (8) Jesus took the apostles across the sea in a _____
- (9) The apostles _____ with Jesus
- (10) Everyone was hungry and needed to be _____

How do you think all the people were fed?

Answer in next week's gospel, John 6: 1-15



ABIGAIL MILLER

ATTORNEY AT LAW

Family Law • Civil Litigation
Wills • Criminal & Traffic

703.659.0333

www.MillerLawVA.com



OMNIRIDE
GET THERE SMARTER

Safe, dependable,
and affordable.

OmniRide.com • 703-730-6664

PLEASE!



Only you can
prevent forest fires

**MHT's Cathedrals of
Northern France**
10-23 October 2021

Normandy
—Mont-St-
Michel—
Giverny
Monet's
Garden—
Caen—
Paris—
Ste-Mère-
Église



MILITARY™
HISTORICAL TOURS, INC.



(703) 590-1295—www.miltours.com

READY.GOV

Don't be afraid...Be Ready



ASPCA

ASPCA.ORG
WE ARE THEIR VOICE®

www.asPCA.org



Jean W. Allen Parishioner
Senior Mortgage Loan Originator

571-275-9310

jean.allen@PlanetHomeLending.com

5285 Shawnee Road, Suite 250 • Alexandria, VA 22312



NMLS ID#572439

CHRISTOPHER K. BROWN
Certified Public Accountant

703-221-2899

Christopher K. Brown, CPA, PLLC
17739 Main Street, Suite 340
Dumfries, VA 22026

christopherkbrowncpa@gmail.com



Patients at the heart of everything we do

DR. SOWMYA PUNAJI, D.D.S.

www.legacydentalcareva.com

12739 Directors Loop • Woodbridge, VA 22192-2461 • 703-494-4490

GENERAL
DENTISTRY
~~~  
INVISALIGN  
~~~  
VENEERS
~~~  
CROWNS





Dale City - 703-680-1234

Remodeled • Affordable • More Options  
www.mountcastle.net

Woodbridge - 703-494-2000

**Diana M. Paguaga**  
Independent Health Insurance Broker



Virginia Governor  
Appointee to  
Commonwealth  
Council on Aging

**DeSeguros®**  
INSURANCE BROKER

**571.594.7134**  
www.desegurosllc.com

*Please Continue  
To Pray For*



*World Peace*

**EAST GATE  
APARTMENTS**

**DUMFRIES HEIGHTS  
APARTMENTS**

Across from Weems & Botts Museum



**703-221-2940**  
18430 Lotus Court • Triangle, VA  
eastgateapts.net

**Meg Czapiewski, Owner, Realtor®**


Honorable Service Realty Group  
Military Relocation Professional®  
Top Producer Prince Wm Assoc. of Realtors




**HonorableServiceRealty.com**  
Direct: **571-264-1867**

29 Years of Service before Self...YOU are Our Mission!

**DR. JAMES E. LUPI, DDS**  
www.drlupiortho.com



**invisalign®**  
PLATINUM PROVIDER

**540.720.4178**

**J. David Alachnowicz, DDS, PC**  
Practicing in the Dumfries area for 12 years

Whole Family Hygiene Care • Cosmetic Dentistry  
White (Tooth Colored) Fillings • Implants • Root Canals  
Oral Surgery • Venus Teeth Whitening System  
Laser Procedures • Porcelain Veneers

**703-634-2529**  
www.moderndaydentistry.com  
3759 Fettler Park Drive • Dumfries, VA 22025

Thinking of buying or selling your home?  
**Call Kristin Burns**

Cell: 703-499-1227  
yourNOVAagent@gmail.com  
www.YourNOVAagent.com  
Licensed in Virginia since 2003

**21 CENTURY 21**  
Redwood Realty

Parishioner Since 1989

Each office independently owned and operated. Not intended to solicit homes listed with another broker.

**GOD  
BLESS  
AMERICA**

**RenovaSmiles**  
FAMILY & COSMETIC DENTISTRY




Diocesan Member

**Special for New Patients \$99**

**FREE WHITENING KIT**  
Exam + Xrays  
+ Basic Cleaning

www.RENOVASMILES.com

**DIOCESAN MEMBER  
FOR 40 YEARS**

**FREE ESTIMATES**



**SUMMIT ROOFING  
CONTRACTORS INC.**

**703-368-7483**  
E-Mail: info@summitroofing.com  
13042 BALLS FORD ROAD • MANASSAS, VA 20109

summitroofing.com

**Dr. Collette F. Ngante**  
DNP, MPH, PMHNP, BC  
Comprehensive Psychiatric Care

**540.779.1648**  
1229 Garrisonville Road  
Suite 104 • Stafford, VA  
www.drngante.com

**14007 Minnieville Road  
Woodbridge, VA 22193**

**703-670-5414**

**IT'S A NEW DAY IN THE FIGHT  
AGAINST ALZHEIMER'S.**

alzheimer's association®

# MULLINS & THOMPSON FUNERAL SERVICE

**Stafford Chapel**  
186 Shelton Shop Road  
**(540) 659-7690**



*"A Tradition of Excellence"*

**Fredericksburg Chapel**  
1621 Jefferson Davis Highway  
**(540) 373-5842**

mullinsthompsonstafford.com | mullinsthompsonfredericksburg.com